Early Morning Crash Leaves 2 Dead, 2 Hurt

STUDENTS SWORN IN AS JUNIOR FBI AGENTS

On Wednesday night twenty-five middle school students were sworn in as Junior FBI Agents in a ceremony held at the FBI Tampa Office. The students, who attend Greco Middle School and Van Buren Middle School, completed a six-week training course. Christopher Davis, Assistant Special Agent in Charge was the Keynote Speaker. Special Agent in Charge Steven E. Ibsen conducted the swearing in and awards ceremony.

Members of the FBI Jr. Special Agent Class of 2009 are: Aaron Barrett, Shyheem Barthel, Jasmyne Bostick, Dereck Boulden, Jake Brady, Wildens Cajuste, Nickerson Cerome, Malikah Cross, Aaliyah Elamin, Daitiana Emanuel, Trevor Garmon, Jonathan Griffith, Brianna Henderson, Marlanda Jean-Baptiste, Natasha Joseph, Chantal Knighten, Salvador Monroy, Juan Prieto, Jonisha Sharp, Trey Williams, Nakelia Wilson, and Byron Wright. (PHOTOGRAPHY BY BRUNSON).
Features

Dad, Daughter Compete In Cancer Stair Climb Fundraiser

BY IRIS B. HOLTON
Sentinel City Editor

Statistics show that lung cancer is the leading cause of death related to cancer in the country. Each year, more people die of lung cancer than breast cancer, colon cancer, and prostate cancer combined.

In an effort to raise funds for research, education, and prevention programs, the Annual Tampa Stair Climb was created. The first event was held four years ago.

More than 500 participants took part in the event last year and raised more than $40,000. One of those who took part was Tampa Firefighter Demetrius Davis. This year, Davis, accompanied by his 12-year-old daughter, Deme, will once again climb the 42 flights of stairs in the Bank of America Plaza in downtown Tampa. The event will take place on Saturday, March 21st, beginning at 8 a.m.

Davis said he began taking part in the event because two of his aunts passed from cancer. He said two others are battling the disease now. The second reason is because practicing for the event and then participating in it helps to keep him physically fit. "Per square mile, our station has the most high rise buildings in the state. I don't want to be that guy who can't do his job."

A native and resident of St. Petersburg, Davis and Deme practice at the Bank of America building in St. Petersburg, on his days off. That structure has 27 flights of stairs. When in Tampa, he practices at the Bank of America building in downtown Tampa.

Currently assigned to Fire Station No. 6, Davis represents Tampa Fire Rescue/Omega Psi Phi Fraternity. "The stair climb is starting to gain momentum and people from throughout the country participate. It's similar to the breast cancer walk because more people are starting to participate."

One might think that it would take a long time for the firefighters to reach the top. "Flight because in addition to the climb itself, each wears about 50 pounds of firefighting equipment. However, last year's winner, dressed out in full firefighting gear, reached the top in 7 minutes and 40 seconds."

At 42, Davis is a 14-year veteran with the Tampa Fire Department. After graduating from Lakewood High School, he earned his degree in Law Enforcement Administration from Western Illinois University. After completing college, Davis worked with the St. Petersburg Police Department and as a Level 6 Supervisor in Juvenile Probation before joining the Tampa Fire Department.

A single. One of those who is the son of Mrs. Juanita Davis and the late Robert Davis. When time allows, Davis spends time playing basketball, working out, traveling, listening to music and spending time with his daughter. He and his daughter are members of First Baptist Church in St. Petersburg.

Ms. Jamie Lee Kahns, Development Manager for the American Lung Association said more than 700 climbers are expected to participate this year and more than $99,000 has already been raised. The goal for this year is $135,000.

Veterans Question Answer Workshop Planned

BY IRIS B. HOLTON
Sentinel City Editor

The Bay City Elks Lodge #268 will host their Second Quarterly Veterans Question and Answer Workshop on Saturday, March 21st, from 11 a.m. until 2 p.m. The workshop will take place at the Bay City Elks Lodge #268, 2804 E. Columbus Dr., (corner of Columbus Dr. and 20th St).

Exalted Ruler Elgin Franklin said, "The purpose of the workshop is to reach out to the community once again and bring the veterans to the lodge so that they can ask questions about their VA benefits. We ask if you have problems dealing with the VA and cannot get the answers you need, come on out and meet the Senior Benefit Advocate, Brother Raymond Bruce."

Brother Bruce is a paralyzed veteran who has dedicated his life in finding answers for not only paralyzed veterans, but for any veteran that needs help. Among his many responsibilities, Brother Bruce manages and support veterans and their families before the Department of Veteran Affairs. He prepares and manages diverse benefit related claims. He monitors veteran quality of care. Brother Bruce conducts many presentations to professional and community groups.

He has a Master Degree in Criminal Justice, a Master's Degree in Public Administration and Business Administration.

Exalted Ruler Franklin stated that the first workshop was such a success that he decided to host these workshops every three months. He said he enjoys seeing the VA out in the community helping our veterans because they deserve to be helped.

"We are going to continue these workshops until we have reached every veteran who needs help and doesn't know how to get it." Brother Franklin can be reached at (813) 629-3617.

Exalted Ruler Elgin Franklin, left, is shown with Brother Raymond Bruce.

James Ferguson, Dr. Kimberly Kinsler. She is a licensed Psychologist and a Licensed Clinical Social Worker, and Co-Owner of Dr. Kinsler & Associates, LLC. Dr. Kinsler has nearly 15 years of experience working in the mental health field.

Dr. Kinsler, who is a veteran of the U.S. Army, has developed an approach to treatment that focuses on unique needs of the individual. She has also worked with the local school district for 10 years.

James L. Ferguson Jr., MPA, MBA, Hospital Service Coordinator of Disabled Veterans Services representing veterans concerning Disability Claims, Appeals, Hearings, complaints, benefits and care including transportation.

Ferguson, who serves as a Customer Service Inspector, and a Controlled Substance Inspector, retired from the U.S. Army with a Service Connected Disability. He is a retired Tampa Police officer.

Ferguson has a Bachelor Degree in Criminal Justice, a Master’s Degree in Public Administration and Business Administration.

James L. Ferguson Jr., is shown with Brother Raymond Bruce.
Activist Disputes Story About Involvement With Former Election Supervisor

Community activist, business owner, and clergy, Michelle B. Patty, has gone on record in an exclusive interview saying an article printed in the March 11th edition of the St. Petersburg Times is very inaccurate.

The article implied that Mrs. Patty was paid $16,000 by Buddy Johnson for work she did during his campaign to remain as Supervisor of Elections. Mrs. Patty said that’s not what happened.

"First, I never worked for Buddy Johnson, the candidate. I worked for the Supervisor Of Elections Office," she was paid through my company.

"The No Match, No Vote issue had the Black community enraged during the elections last year, and that's why I got involved. People all over the country were upset. People were also upset about not being able to wear Barack Obama tee-shirts to the polls. If I had, they would have been turned away."

Mrs. Patty said she has never appeared on anyone’s talk show talking about Buddy Johnson.

"I was at Middleton in August 2008 talking to some people with my Obama tee-shirt on. I had driven to the College Hill Library to offer people rides to the polls who couldn't make it to Middleton. I was approached by a reporter who asked me some questions about the confusion with the precincts.

"In October 2008, Buddy Johnson's office was contacted so we could discuss concerns of African American voters involving their votes 'being suppressed,'" she said.

"For more than 25 years, I've spoken on the records of prospective candidates. There had also been problems with previous elections, and we wanted to make sure that didn't happen again. Buddy Johnson didn't contact me. We contacted him and he put us in touch with Katherine Harris to address our concerns about the 'No Match, No Vote' issue. We passed out flyers and held voter education registration rallies. I would never allow any information on candidates to be posted at a registration rally. Buddy Johnson's job was to get the correct information out to the people."

Mrs. Patty said she thinks it's sour grapes from the people who didn't vote for Barack Obama to attack her on this issue without first researching the facts.

"This was a hatchet job. They (the St. Petersburg Times) are trying to attack my character, and I will challenge anyone who tries to do that."

"Why was I singled out when others made hundreds of thousands of dollars, but their faces didn't appear in the paper? Why are we, as Black people, always held under suspicion?"

Mrs. Patty said she's never had any controversy or negative issues concerning her work.

"I am honored to join the Board of Governors and look forward to working with other members of the Board and our state judges to address adequate funding of the court system and other challenges facing the legal profession."

A native of Jacksonville, Attorney Scriven is a 1984 graduate of Duke University and a 1987 honoree graduate of Florida State University College of Law.

Attorney Scriven, who is the principal of Lansing C. Scriven, P.A., has served as a civil attorney with a concentration in business litigation for more than 20 years. He is also a certified arbitrator on the Commercial Panel of the American Arbitration Association.

Attorney Scriven is married to the Honorable Judge Mary Stenson Scriven, a District Judge for the Middle District of Florida, and the father of two sons and a daughter.

The Florida Bar currently has more than 86,000 members. The 52-member Board of Governors is the governing body of The Florida Bar, which is the statewide professional and regulatory organization for attorneys.

The Board of Governors has exclusive authority to formulate and adopt matters of policy concerning the activities of the Florida Bar, subject to the authority of the Florida Supreme Court.

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BY IRIS B. HOLTON
Sentinel City Editor

A Tampa attorney was recently elected to serve on the Board of Governors of the Florida Bar. This marks the first time that an African American attorney from the 13th Judicial Circuit has been chosen to serve in this capacity.

The election of Attorney Lansing C. Scriven marks the first time that an African American attorney from the 13th Judicial Circuit has been chosen to serve in this capacity.

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Parents March On Tallahassee

Finally! Parents are standing up and fighting for their children's education. Next week (March 10), the Florida PTA and National PTA will be hosting a rally with students and interested citizens to support PTSA's efforts.

We support their efforts and urge as many of our readers who are parents, guardians of children in public schools or interested citizens to support PTSA. Thus far, neither Gov. Crist nor the Legislature is willing to touch the myriad of sales tax exemptions and corporate tax loopholes, which could easily add an additional $8 billion to Florida's budget. Our Legislature continues to drag its feet regarding the state's 2009-2010 budget. The fact that this show is experiencing financial problems speaks volumes. Its inception came about as part of a study grant and the show was never intended for broadcast. The late Jim Henson created several Muppet programs that included Elmo, Big Bird, Solomon Grundy, Kermit the Frog, Grover, Burt, Ernie, Bert, the Swedish Chef, Caucasian Monster, and Alice Braithwaite Goodyshoes.

Both the show's producers of 67 of their 355 member staff positions are slated for the chopping block. This translates into 20% of their staff being laid off. The not-for-profit company known as the Sesame Workshop produces the show. It also produces the show, "The Electric Company," which was popular during the 1970s.

Parents, who march to keep their children's education, are watching the show fade away. The show's board members have asked to "do more with less." However, parents are finally standing up to say, "Enough! We're not going to take it, anymore!" And we say, "It's about time!"

Now, this is what you can do. Call 813-285-7565 to let your legislative delegation know how you feel about the issue of Florida Education. Call now! Our children are waiting!

President Obama Keeps His Word

No doubt, History will applaud Pres. Barack Obama for taking a leadership role in stimulating and supporting alternative energy initiatives. Also, as he promised during his campaign, Obama has taken a hard line on America's environmental policies (previously not enforced by the Bush administration) and has designated $27.5 billion of the latest stimulus package to aid alternative energy initiatives. He has also charged Todd Stern, Obama's chief climate negotiator with the responsibility of providing additional clam treaty designed to reduce carbon dioxide emissions globally.

The protocol, known as the Kyoto Protocol, was signed in 1997 by 37 countries. America wasn't one of them simply because the treaty allowed China to be exempt from mandatory reduced emission levels. And because America ignored the treaty, many other countries ignored the treaty, as well.

Here at home, Obama's stimulus package includes $5 billion for alternative electric vehicles and $8 billion in energy efficiency grants for state and local governments, and $1 billion for upgrading the electricity grid to transmit energy more efficiently. The package includes $2 billion for electric car research and development, as well as $500 million for retraining American workers for new jobs in the energy and clean environment fields.

That the production tax credit for businesses engaged in the wind energy industry received a three-year extension in the package is heartening news, especially for California, a state that gets at least two percent of its energy from wind power.

Finally, Obama committed to requiring automakers to increase the fuel efficiency standards of all new cars and trucks. If his first months is any indication of his first four years, it will be said, "President Barack Obama, keeps his word!"

Nothing Is Safe From The Chopping Block

It appears that the economy is sparing nothing as it continues to spiral downward. In the latest turn of events, the television show, "Sesame Street," is reducing its staff. On Thursday, the company that produces 67 of their 355 member staff positions are slated for the chopping block. This translates into 20% of their staff being laid off. The not-for-profit company known as the Sesame Workshop produces the show. It also produces the show, "The Electric Company," which was popular during the 1970s.

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The Sole-Man Speaks

The Rumbling Of A Coming Storm!

This isn't new. As a matter of fact, it happened, back in 2005. It was a horror-story told by fifth-grade teacher who like countless other teachers was preparing her students to take what had become a synonym for dread and possible failure, better known as FCAT.

You know the story. Filled with anxiety, assumptions false starts and dubious endings, it winds around a crooked stick of measure begun during the George W. and Jeb Bush nineties, that was supposed to secure and strengthen America's sagging public education scene. Part of a former president's Leave "No Child Left Behind" program, FCAT—Florida's Comprehensive Assessment Test—entered into the public education arena like a big foot in a mud puddle, aiming to instill accusation and confusion on everyone, but mostly on teachers and their students.

However, thanks to synthetic media coverage and blindness from a public hunger for any kind of good news it could get from public schools, FCAT—despite its horrendous shortcomings—was welcomed as a breath of fresh air!

Said the fifth grade teacher, who would remain anonymous for good reason, "Our district did not supply any test preparation materials for FCAT. So, we were told what materials we could use. Each teacher donated reams of paper for the FCAT preparation activities. A joke was even made that we were teaching the test, which in fact we were, since the very definition of teaching the test is specifically defining a curriculum aligned to the test."

The teacher added, "While preparing for FCAT, we didn't have time for such things as independent reading. Everyone, including myself, stopped what they were doing and did what we were told. Frankly, I cannot imagine a school that as a policy does not have time for independent reading. How am I now going to build the interest and stamina of students for a love of books if I didn't HAVE TIME FOR INDEPENDENT READING?"

The teacher concluded, she neither thought FCAT was good or bad. But her fear and opposition to the practice was borne out in what it made school systems sink to and caused school principals and teachers to become... drill instructors and enforcers rather than motivators and mentors.

Don't take my word for it. Visit any public school currently gearing up for FCAT. Ask the principal what grade ("A" through "F") the school possesses. After brief discussion, you'll probably get the feeling that the outcome of each FCAT test is as much an issue of a school's maintenance of a good grade as it is the measure of a student's comprehension. If you're like me, you'll leave the school with a personal sense that FCAT isn't about learning. It's about competing. It's about LOOKING GOOD, in its strictest political sense!

How much longer can Florida schools stand FCAT? Students have already begun to rebel. They call it "dropping out"! When will teachers and administrators begin to rebel? Or will the thing merely continue until, like all putrid meat, it simply rots and turns to dust? However, it isn't meat we're talking about. It's our society! I sense the rumbling of a coming storm!


Another View

By Randy Kinsey

A Black Caucus In Name Only

I don't know about the City Of Tampa and Hillsborough County, but I celebrated when the Black elected officials met and organized a local Black Caucus. All the Black elected folks in the city and county were and are a part of the organization. I expected some good things from this organization. Apparently, the formation of this organization was no more than a photo opportunity. To this writer's knowledge, there has been no other meeting besides the first one designed to organize. They elected officers, shook hands and went separate ways.

I can't help but wonder what is their agenda? How do they plan to relate to the Black community? I am well aware that the 2009 Legislative Session has started and two of the members are temporarily stationed in Tallahassee. But that is no excuse.

From the day they organized to the time of the legislative session, they had time to put something on the table. There are those of us who will not forget that the Black Caucus exists in theory. Likewise, there are those of us who expect some leadership from this group.

I certainly hope that as soon as the legislative session is over, the caucus will meet with citizens and together come up with a common agenda that will uplift and make the Black community better.

If the Black local caucus isn't going to work together on some issues that affect Black people, there is no need for the organization. I know that the Black elected officials know there is strength in unity. Black elected officials can be more effective working together.

In the State Legislature there are more caucuses than ever before. You have the Cuban Caucus, the Women Caucus, and the Black Caucus, among others. The weakest and the least effective caucus is the Black Caucus. The reason being it is difficult to get the caucus members to work together. It is even difficult to get all of them to attend a caucus meeting.

The local caucus needs to learn a lesson from the State Black Caucus. The lesson to be learned is to be a better organization. Put aside individual egos and work collectively.

People represented by the members of the Black Caucus need to give caucus members Arthenia Joyner, Betty Reed, Kevin White, Thomas Scott, Gwen Miller and Doretha Edgar time to outline some plans and directions for caucus leadership. Give them more time for action, but don't forget about them.

An organization is not enough.
Dear John:

"I really don't know the best way to tell you this. I've decided that what we have just isn't working. You are there and I am here, alone. I just don't think I can live like this anymore.

What I'm trying to say is that I'm moving on with my life. I know you love me and I love you, too, but, I just need more than what you can offer me at this time.

I know this isn't the best way to do it, but I think I know this is hard for you to accept. But, I can't continue to lie. I hope you understand.

You will always hold a special place in my heart.

Your wife, ex-girlfriend et al.

Jane

P. S. Please don't call or write. It really doesn't want me comming back with you anymore. Thanks. (smile)

It doesn't matter if you've been to prison, served in the military or gone off to college. If you've ever been involved with a woman and had to leave her behind while you did time or fulfilled an obligation, chances are, the passage above stimulates a sour memory.

If you were lucky, the woman who crushed your spirits used a soft hammer in the form of a letter or a earring, and I thought things were going to be different. If not, then you probably felt as though you had been hit by a truck when you returned home. You might have had your collect call denied or your cell phone.

Perhaps you were there staring at the mirror, thinking you felt sorry for yourself. Because at the end of the day, when you're sitting in a bathroom, staring at your reflection, all I'm feeling sorry for yourself, or the only person you have to blame is the man looking back at you from your own reflection.

Oh, you thought this was going to be a column disparaging women for leaving their partners during moments of separation? Not a chance. This is about the men who set themselves up for failure by having unrealistic expectations of women they choose.

On average, when a guy decides to make a particular woman his wife or main lady, he often neglects to ask one simple question: "If I were taken from you for X amount of time, could you wait for me?"

As men, we assume (I say we because I'm just as guilty) that a woman, because she played the role of our better half to perfection in our presence, that she'll continue to do so in our absence. Unfortunately, that's seldom the case.

Every woman isn't built to handle every situation. Just like every car isn't built to handle every environment.

Get a Corvette stuck in the swamp and people aren't going to blame the car for not being able to pull itself out. They are going to blame the driver for not recognizing the limitations of his vehicle before he drove it into the woods.

Most of us knew that possible lifeoral to an出身 at sea deployment came with our life choices. Yet, we never took the necessary steps to secure a stable support system. We chose style over substance, never really getting to know the person in whom we instilled our trust.

If we would have had the courage to ask, maybe she would have told us that she couldn't stand the rigors and responsibilities of being a solid wife or an inmate's wife. Then again, she may have told us in her own way. But we were either too caught up to listen or too scared to hear the truth.

When we finally found ourselves in whatever situation we placed ourselves in and things on the home front weren't what we expected, we pointed the finger in her direction and said 'she's to blame.' But in actuality, it wasn't her fault.

Just like the driver of the Corvette, it was our responsibility to learn what the people we bring into our lives are capable of. If we place a player on our team who can't play their position, the loss of the game falls squarely on our shoulders.

The woman who wrote you that 'Dear John letter,' remember you chose to bring her into your life. So, the next time you got frustrated and lash out at someone about how horrible this chapter of your existence ended, start with the dude you see in the mirror every morning. He is the one who got you into this mess.

Send comments:

Clarence Barr, II, 43110-112 E. Kennedy Blvd.

Florida Sentinel-Bulletin Published Every Tuesday and Friday

Field of Hires

From Injuries In House Fire

The Hillsborough County Sheriff's Office is asking for help in locating a missing 75-year-old woman.

Detectives report that Enid Grace Hendricks just arrived from England Tuesday along with her husband, and was staying with a family member. She was last seen early that morning.

Ms. Hendricks was last seen wearing a nightgown and slippers and has not been seen since. She does not know her way around the area and family members said she may be in the early stages of Alzheimer's.

Family members also said that her middle name of Grace is what she answers to when called.

Help Needed In Locating Missing Woman

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Four Unique Individuals. One Diverse Law Firm.

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813.229.9300

The hiring of a lawyer is an important decision and should not be based upon advertisements. Before you decide, send us a letter to send you free written information about our firm, disciplines and experience.
Hillsborough County is currently accepting entries for their annual Fair Housing Poster Contest. The theme is "Fair Housing Opens Hearts & Opens Neighborhoods." The deadline to submit an entry is Thursday, April 2nd.

The contest is open to children in grades kindergarten through 6th grade. Children in public, private and parochial school students residing in Hillsborough and Pinellas Counties are encouraged to participate in the contest.

The entries will be judged in three groups, K-2, 3-5, and 6-8, and on the ability to communicate the contest, theme, creativity, neatness, and compliance with contest rules.

This marks the second year the contest has offered. Its purpose is to help children understand fair housing and to embrace diversity in their community. The winners of the contest will receive trophies, gift cards, and certificates.

The poster entry must depict this year's theme; posters may measure between 12" x 18" and 18" x 24"; any art medium may be used, including markers, colored pencils, and crayons; artwork on poster must be reproducible; the child's name, grade, and school must be written on the back of the poster, in the lower, right-hand corner.

A completed Poster Contest Registration Form must accompany each entry, which can be found at www.hillsboroughcounty.org/equalopp/.

Additionally, all artwork must be original, and no copies or work done by others is permitted. All entries must be received by the deadline at the Hillsborough County Equal Opportunity Office, 700 Twigg Street, Ste. 830, Tampa, FL 33602.

The contest is co-sponsored by the Tampa Bay Fair Housing Consortium, which includes the Hillsborough County Equal Opportunity Administrator.

For additional information call the Hillsborough County Equal Opportunity Administrator at (813) 272-6554.

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*No purchase or other obligation required to enter.
Student Dedicates Essay To ‘Little Rock Nine’

BY IRIS B. HOLTON
Sentinel City Editor

More than 50 years ago, then Arkansas Governor Orval Faubus defied a court order and prevented nine African American students enrolling in Central High School in Little Rock, Arkansas. Recently, a middle school student expressed her thoughts about the event in an essay entitled, “Why?”

Instead of writing her essay in the normal fashion, Chante Flowers appears to share the experience that Ernest Green, Elizabeth Eckford, Jefferson Thomas, Terrence Roberts, Carlotta Walls LaNier, Minnie Jean Brown, Gloria Ray Karlmark, Thelma Mothershed, and Melba Pattillo faced walking through the racially charged atmosphere in order to integrate the school. President Dwight Eisenhower ordered the National Guard to escort the teenagers to class.

Expressing herself in words that seem to place her beside the teenagers in their walk, Chante writes, “...Why treat us any different just because our skin is colored? Just because I am Black doesn’t give you the right to stereotype or be prejudiced. Why is it that you think that we are dumb, and our skin color is ugly and we have no purpose in the human life of nature.”

“I am speaking out to hopefully change the way all of you racist people treat us, just like Martin L. King said God rest his soul, it shouldn’t matter about the color of our skin, but the content of our character.”

“...After all I just wanted to get the same education as other white students because education is important. ... I just wanted to say we are going to be here every step of the way through the good times, the bad times and the worse and beating times. Why am I writing this you ask, because I am one of those voices who speak up and want to be heard!”

Chante is a 7th grade honor student at Smith Middle School. She is the daughter of Mrs. Katrina Hopkins and Andrea Flowers, and the granddaughter of Mr. and Mrs. Arthur (Joan) Jacobs.

“I was amazed that a 12-year-old could understand and put her feelings in words. We chastise our children when they get into trouble, but we don’t really praise them when they are doing good,” her grandpa ther said.

Funeral Director Returns From Retirement

Although his family was already involved in the mortuary business, when Henry Aikens graduated from Howard W. Blake High School in 1968, he still wasn’t sure that was going to be his career.

However, with some encouragement, he did get involved in the mortuary business and in 1978, completed mortuary college. “I had previously worked at Hillsborough Community College with Sybil Barnes and Dr. Sandra Wilson. They both encouraged me to get into the mortuary business.”

“I started in 1981 as an intern at Aikens Funeral Home. I remained there for two years until I got my license. I then managed funeral homes all over the state.”

Aikens later retired because of medical problems, but had been entertaining thoughts of returning to the mortuary business. An event last week helped him make the move.

HENRY AIKENS

“...I was inspired to come back when I heard the news of the football players who drowned. I contacted Jimmy Jackson, owner of Jackson’s Funeral Home, because we had worked together before. We talked, and I’ll be working for him.”

“I have 29 years of experience as a licensed funeral director, and I thank God that I am in a position to work at the Lord’s business again.”

Reporter Leon B. Crews can be reached at (813) 248-0724, or e-mailed at crews@flsentinel.com.
Young Minister Returns To New Mt. Zion

On Sunday, March 15, 2009, during the 10:30 a.m. morning service, the New Mt. Zion Missionary Baptist Church will be looking forward to another ‘treat’ through the Gospel shared by Minister Princeton Parker. Minister Parker has been making annual visits to New Mt. Zion for approximately 6 years, usually during March. Tampa is where he has been celebrating his birthday as it comes during his visit.

Minister Parker’s visit follows a dynamic week of revival services with Dr. William Gillison, pastor of Mt. Olive Baptist Church, Buffalo, NY, and workshop moderator of Union Foreign Association. Tonight (Friday) is the final night of the workshop and revival, which kick off at 7 p.m. Rev. Dr. Walter J. Williams is the pastor.

Minister Parker, 15, resides in Paramount, CA with his parents, Irvin and Sonia Parker and younger brother, Preston.

Having begun preaching at the age of 4, Minister Parker has become a noted preacher throughout the United States. A straight ‘A’ student, he enjoys amusement parks and reading. He is an active member of Olive Grove Church of God in Christ.

United Urban Outreach Presents Dorinda Clark Cole’s 1st Regional Singers And Musicians Conference

Grammy award winning gospel superstars “The Clark Sisters” and Platinum selling child star prodigy “Kiki Sheard” will headline Dr. Dorinda Clark Cole’s 1st Regional and Singers Musicians Conference in Tampa. The conference will convene on Friday, April 3, 2009 from Sunday, April 5, 2009 at the 34th Street Church of God, 3000 N. 34th Street, Tampa 33605.

The host pastor is Rev. Thomas Scott, City Council Chairman.

The lead sponsor and organization presenting the conference is United Urban Outreach, which is a 501(c)(3) based out of Tampa. The organization is committed to providing a healthy and balanced home environment for teenaged boys between the ages of 13-18 years old currently in the care of State of Florida’s foster care system.

The CEO/Founder of the organization, Cepeda McKay says, “Some one has to care for our young men. We focus on education, employability, and emotional stability to assist our young men in being successful when they are released from our program, and we are grateful for this opportunity to continue sewing positive seeds into the community and our young men.”

The conference was founded by Dr. Dorinda Clark-Cole who is a life long member of the legendary Clark Sisters and a past recipient of the national conference for 10 years. Her goal was to create an environment for singers, musicians, dancers, rappers, and all individuals in the fine arts arena and give them a chance to receive mind renewing instruction, take time for spiritual-inventory and reflection, and to meet and network with other ministers across state and country.

This one-of-a-kind conference has 3 basic components: workshops, the new artist showcase and nightly services.

The national conference is 1 week but this regional conference will be 3 days. The night services will feature the legendary “Clark Sisters” on Saturday night and Kierra “Kiki Sheard” along with the Conference Mass choir under the direction of Mr. Jackie Clark Chisholm; on Sunday evening. Choirs, groups, soloist, dancers, rappers, and people from all over the country are expected in attendance. The conference is being coordinated by Minister Steve Marshall.

Sponsors of the 1st Regional Singers and Musicians Conference include United Urban Outreach, Making Mama Proud, Winn Dixie, Spirit of Truth Ministries, Proud, and Fifth Third Bank.

For more information you may visit www.unitedurbanoutreach.com or call (813) 977-3222 Church · (813) 481-2204 Church Administrator

11:00 A.M. Speaker
3:00 P.M. Speaker

Rev. Samuel Maxwell
Pastor, First Baptist Church Of Progress Village

St. Mark Missionary Baptist Church
105 S. Morgan St., Plant City, FL
813-762-6006
Pastor & First Lady
Moses And Debbie Freeman
Sun. School - 10 A.M. Sundays Morning Worship Service - 11 A.M. Bible Study & Prayer Service Wednesday 7 P.M. - 8 P.M. In All And Every Way, All That Matters Is That Christ Is Proclaimed

New Harmony M. B. Church
5610 East M. L. K. Jr., Blvd., Tampa, FL 33619
Phone For A Ride (813) 534-4799

Sunday School 10:00 A.M. Morning Worship 11:00 A.M. Prayer/Bible Study Wednesday 7:30 P.M. - 8:30 P.M. Women’s Ministry 2nd & 4th Fridays 7:30 P.M.

Dr. A. Munford, Th.D.
Pastor/Teacher

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Are You A Sabbath Observer? Come Worship With Us

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ANNUAL 24TH
CHURCH ANNIVERSARY

SUNDAY, MARCH 15, 2009

11:00 A.M. Speaker
3:00 P.M. Speaker

Rev. N.S. Sanders
Pastor, Greater St. Paul Institutional Church

Spirit of Truth Ministries presents...

“Pew Day”
Join us Sunday, March 15, 2009 at 11:00am With Special Guest Speaker

Evangelist Yolanda Askew
Spirit of Truth Ministries is located at 12219 N. Florida Ave For Information Call (813) 931-2588 Located on Florida Avenue 2 Block North of Fowler Avenue Sealer Pastor Ernest Cone & Co-Pastor Dr. Chloe Cone
Local

Comedian Earthquake To Appear This Weekend

On Saturday, March 14th, Business First Entertainment will present a star-studded comedy show at the Tampa Bay Performing Arts Center. Headlining the show will be the successful and renowned comedian, Earthquake.

Earthquake is a native of Washington, D.C. and said he was considered a class clown in school. “None of my teachers ever picked up on my talent back then. I think public school owes me a refund.”

“My comedy career began when I was in the Air Force, and I went to a local nightspot on base and tried my hand at open mic. It was a talent contest, and I won.”

Earthquake said his mentor as a comedian is Eddie Murphy, hands down. “If he hadn’t become a comedian what else would he have done, Earthquake said, “Nothing. I had no plan B. This didn’t have no choice but to work.”

Earthquake is the divorced father of 3 children, and right now he’s preparing for his next televised special and developing a series. He also thinks being an actor and a comedian is hard work, but he loves it.

Joining Earthquake this weekend will be Shawty Shwayt, Aries Spears, and Chris Tucker.

The show starts at 8 p.m. and the TBPAC is located at 1010 North MacInnes Place in downtown Tampa. Tickets are still available.

Reporter Leon B. Crews can be reached at (813) 248-0724, or e-mailed at lcrews@tampabay.com.

Youth Organization Accepting Applications

Shawty, Aries Spears, and Chris O’Baby.

The Heart of East Tampa Front Porch Council, incorporated 1990 East Hillsborough Avenue, and its Summer Youth Empowerment Leadership and Development Academy (YELDA) is accepting applications from youth, ages 14 to 18. Applications are available at the Suncoast Schools Federal Credit Union, 1920 E. Hillsborough Avenue.

Applications must be returned no later than March 24, 2009, and those selected will be interviewed, along with their parents, April 2nd and 3rd at 6 p.m. Parent and student orientation will be April 8th at 6 p.m.

Ten students will be selected with preference to those living in East Tampa Front Porch boundaries. The 2009 YELDA Training Workshop and Youth Summit will be held May 28th through the 31st at a location to be determined.

Over two hundred students, staff and parents will participate. This training and summit will allow students opportunities to meet other students from across the state, participate in a talent showcase, interactive training sessions, professional development workshops, and guaranteed paid summer jobs.

These students will be engaged in a variety of empowerment and training workshops that will teach them various life skills, including job interviewing, etiquette, resume writing, how to write a check and balance your account, and proper work attire.

Upon completion of the YELDA Training and Youth Summit, the ten students will be assigned to and mentored by various Tampa Business Partners for summer employment.

Ronald T. Brookins, Chairman of the Board for the Heart of East Tampa Front Porch Council, said East Tampa Youth and their families face great challenges every day.

“This program is founded on the concept of education and leadership development, mentoring and real life experiences in the workplace. Jobs are critical for the future success and development of our youth, and their exposure to the successful business and governmental leaders who have agreed to serve as their mentors will result in the development of skills that will foster entrepreneurship by the student program participants in the future,” said Brookins.

For more information about The Heart of East Tampa Front Porch Council, Inc. call (813) 237-4127, or (813) 237-4142, or e-mailed at efporch@live.com.
Rogers Park Supporters Say Issues Still Unresolved

On Wednesday, Citizens Who Support Keeping Rogers Park Public (CWSKRPP) held a press conference in the courtyard of City Hall. The reason that site was selected was to ask Mayor Pam Iorio to support a pending request from the Tampa Sports Authority (TSA) to amend an existing access and use of Rogers Park and Golf Course between the City of Tampa, Tampa Sports Authority and the YMCA that is flawed to protect public trust and a public asset. The CWSKRPP believes the agreement, in its current form, threatens public access and use of Rogers Park and its facilities and the preservation of its history.

Because it was the only place African Americans could go for recreation, and the golf course was shaped and built by African American saddlers who worked at Palma Ceia when they could not play there with whites. Rogers Park is a place of special interest to the African American community.

The CWSKRPP wants the history of Rogers Park preserved. Rogers Park is publicly owned and the CWSKRPP believes it should remain accessible to all citizens.

The CWSKRPP has been meeting with the Tampa Sports Authority and YMCA, and both have concurred the agreement is defective. The YMCA has written letters stating new terms that better clarify their intent. The City of Tampa Attorney confirmed the YMCA’s letters are not binding. The agreement would need to be amended to make the YMCA’s intent binding. The TSA voted to send a letter to Mayor Pam Iorio with a draft agreement containing amendments, mutually agreed upon by the CWSKRPP and the YMCA.

Two of the three parties (TSA and YMCA) are in accord and it is left up to Mayor Iorio to review and approve any changes to the agreement.

The CWSKRPP wanted the agreement amended prior to the upcoming grand opening of the First Tee Project at Rogers Park. Although there has been progress, this issue is still unresolved. When the TSA letter is sent to Mayor Iorio, it will be up to her to agree.

Tom Luby, President and CEO of the Tampa Metro YMCA, said the current agreement has been in place for 2 years. “I think it’s adequate and we have tried to clarify some points for people. I don’t really feel the need to amend the contract. It does have a performance clause and we have to live up to our obligation.”

Rev. Eugene Garnett, Pastor, Springhill M.B. Church
Rev. Rayford Harper, Pastor/Teacher, New Salem M.B. Church
Rev. Dr. Henry Lyons, Presbytery Teacher, New Salem M.B. Church
Rev. Dr. G.T. Kirkland, Pastor, Mt. Pleasant M.B. Church

High School Plans Fish Fry Fundraiser

The Marshall High School Class of 1969 will host a fish fry reunion fundraiser on Saturday, March 14 at 4 p.m. at Bruton Public Library. All members are encouraged to attend.
MRS. TONJA M. BRICKHOUSE
...First African American Woman Director, Department of Solid Waste

BY IRIS B. HOLTON
Sentinel City Editor

Having the title of “First” attached to her name is nothing new for Mrs. Tonja Brickhouse, the first African American woman to serve as the Director of the City of Tampa Department of Solid Waste & Environmental Management. Mrs. Brickhouse became a pioneer while serving in the U. S. Air Force for nearly 26 years.

Mrs. Brickhouse accepted the reins as Director of the City of Tampa Department of Solid Waste & Environmental Program Management. She is the first African American woman to serve in that capacity.

She began on July 7, 2008 and sees her role as, “A wonderful opportunity. I am fortunate to be able to bring my gifts and talents to help people and build a team.” Describing herself as one who is passionate about people, Mrs. Brickhouse stepped into her role with an agenda. She feels that no matter what the position, the customer must be treated with respect. “We are professionals who just happen to be in the garbage business,” she told her staff.

Other points of concern were efficiency, safety, and becoming pacesetters. Mrs. Brickhouse feels that the Department of Solid Waste & Environmental Program Management is a role that could serve as leaders in the industry. She feels that through proactive community relations, the story will be told.

She is also an advocate of training and encourages her employees to be highly trained. In her quest to help develop her staff, she realizes that some may use their positions as a stepping-stone to other roles. However, without the proper training, the transition may be quite difficult.

She strives to encourage others and seeks to bring out the best in them. “We need to be reaching back as we move forward.”

She also feels compelled to make a difference in her community and plans to increase her activity in community events.

Anchored in her primary goals, Mrs. Brickhouse said her future goals include becoming recognized as a national entity and to develop a 5-star safety program, among others.

Mrs. Brickhouse is guided by her faith and says, “I make sure that I am living right.” She is a member of Revealing Truth Ministries and Delta Sigma Theta Sorority, Inc.

She is married to Raymond Brickhouse, Sr., and the mother of two adult children. When time allows, she enjoys studying God’s word, reading, motivational speaking and traveling.

Mrs. Brickhouse said her military career has prepared her for her future endeavors and role of leadership. She served in the capacity of numerous “firsts” as she rose through the ranks. This is the “first” paid civilian position since her retirement.

She is a strong advocate of education. Mrs. Brickhouse earned a Bachelor’s Degree in Economics and Psychology from the University of Virginia. She continued her education and was awarded a Master’s Degree in Public Administration from Troy State University.

This week’s Spotlight shines directly on Malory. The lovely Sagitarian said her favorite star is T.I. and her hobby is going to the beach. In the future, Malory wants to attend graduate school, and her philosophy of life is: “I’m a firm believer in Karma.” When it comes to the man in her life, Malory said she prefers an educated, handsome man. Congratulations to Malory as this week’s Spotlight feature.
Birthday Greetings

Mrs. Tonya M. Lewis ‘38

It’s Called Truly Blessed
Friday, March 13th
(39 Years Older)

Mrs. Lewis will be celebrating her birthday with friends and associates on March 13th at Kay Jay Harris #36 New York Giants Celebrity Basketball Game, Tampa Bay Tech High School (7:30 p.m.). As always, it’s for the children. Come out and support.

Mrs. Lewis are: Kay Jay Harris (3-27), Willie ‘Butch’ Hodge (3-29), Calvin Riggins (3-11), Leon Crews (3-2), Hobdy (3-29), Tyrone Tillman, Plant City (3-28) and many more.

Mrs. Lewis will be celebrating her birthday with friends and associates on March 13th at 3801 N. 15th Street. Invitation Only.

April

When Black History Month was celebrated in Tallahassee at the Governor’s Mansion, some Bay Area folks were in attendance. From left, Henry Lawrence, Irene Pridgen, President of Pro Athletes Wives; Jessica Swain and Ken and Valerie Griffey. Jessica, a student at FAMU, is the daughter of the late Dr. Robert Swain, first Black oral surgeon in St. Petersburg. (Photo courtesy of Irene Pridgen)

Middleton Class Of 1965

The Middleton Senior High School Class of 1965 will be holding its meeting on Monday, March 16, 2009 at Middleton Senior High School at 7 p.m. Please make a special effort to attend.

Mervin D. Nelson, Class President.

Zeta Welcomes New Sisters

On February 21, 2009, the Tau Pi Zeta Chapter of Zeta Phi Beta Sorority, Inc., welcomed 10 new ladies affectionately known as the 10 Elements of Pursesverance. Within 5 hours of being Zetas, Leah Laquin, Semeka Bailey, Daphne Bayard and Bonnie Belford met and conversed in detail with the sorority’s International President, Sheryl Underwood.

From left to right: Leah Laquin (F.S.U.) has a BS in Criminology. She currently works as a Teacher’s Assistant at the R’Club Child Care, Inc. From left to right: Barbara Foster (U.S.F.) has a BA in Elementary Education and Early Childhood Education. She is a retired educator. Rachel Young (U.S.F.: Cum Laude) has a Bachelor’s in Social Work and a minor in Psychology. Sameka Bailey (U.S.F.) has a BA in Social Work and currently works as a Social Worker at Hillsborough Kids, Inc. Tracy Thompson (U.S.F.) has a BS in School Guidance and Counseling and is employed as a Guidance Counselor at Brooks DeBartolo Collegiate High School. Daphne Baynard (U.S.F.: Cum Distinction) has a BS in Gerontology and is currently pursuing her Nursing degree from the University of South Florida. Bonnie Belford (U.O.P.) has a BS in Criminal Justice Administration and currently works as an Office Manager for the Manatee County Probation Office. Shirley Sawyer (U.S.F.) holds a Master’s in Public Administration and is currently preparing to enter law school. She works as a supervisor at Daniel Memorial, Inc. Terlyn Olds (St. Leo Univ.) is the sister of Zeta LaBruce Olds (Nu Eta Chapter). Currently, she works as a NCAA Division II Women’s Basketball Coach for St. Leo University.
The NBA's Most Valuable Player

Who is the Most Valuable Player in the National Basketball Association? The answer depends upon who you ask. The player put forward as the MVP varies, but the same three players do not change. Ask most any one and you will get the names in alphabetical order, Kobe Bryant, LeBron James and Dwyane Wade. The NBA surely rests among one of those three.

The top scorer in the league is Dwyane Wade, followed by LeBron James and then Kobe Bryant. Less than one percentage point separates the three in the scoring race. All three are almost unstoppable in scoring. They play excellent defense, they are excellent passers and very good rebounders.

In this writer's opinion, LeBron James separates himself from the other two because he is the better rebounder, the better passer, the better defender and the best getting to the bucket (1: Dwyane and 2: Kobe).

But they need two players to become a winning team. From somewhere, the Bulls need to come up with a dominating center who can score inside, rebound on both ends of the floor and be able to intimidate shooters inside. Then they must have a smart and talented point guard. The guard needs to be able to shoot outside, penetrate with the ball and find the open man.

Okay Coach Heath, go out and find those two guys and turn the team into consistent winners and a powerhouse basketball team.

All-Star Event Is Tonight

Tonight (Friday) at 6 p.m., the annual United Negro College Fund (UNCF) fundraiser will take place at Jefferson High School. This will be the 23rd such event. County schools will be divided into boys and girls, and east and west squads. A number of senior boys and girls basketball players will participate. In addition to the boys and girls game, both the girls and boys will have a three-point shootout. The boys will have a slam dunk contest.

The game is a tribute to the alluring Dr. Sam Horton, the founder of the All-Star event.

Popular Athlete Looks Forward To Making Tampa Home

When running back Derrick Ward visited Tampa for the Super Bowl, he had no idea that the visit was forreting. But, within weeks, he was in negotiations and has signed a 4-year contract with the Tampa Bay Buccaneers.

"I never thought in my wildest dreams that I would be coming to Tampa. I fell in love with the city when I visited it. I'm happy to be here and I'm looking forward to making big things happen on the team and in the community," Ward said.

The 25-year-old former New York Giants player said he has been assigned the #28, formerly worn by two-time Buccaneer Warrick Dunn. Ward will start with the Bucs on March 16th.

But he is going to the hometown of his friend, the Giants' Kay Jay Harris. A native of Los Angeles, Ward attended Fresno State and transferred to Ottawa College during his senior year. He earned his Bachelor's Degree in 2003. He was originally a 7th round (235 overall) draft pick by the Jets in 2004. He signed with the Giants in October of that same year.

The young running back established himself as one of the team's premier running backs.

Ward is the son of Terrie and Derrick Ward and the father of one daughter. Of the Baptist faith, the young man enjoys traveling, trying new things, working in the community and mentoring children.

Ward said he plans to become active in the community and he has a desire to help people who are less fortunate. "I want to help people who want to be helped. God blessed me. I grew up in South Central LA and I give my heart and soul to people who came up like I came up."

"I really love the weather and I look forward to working with the great people here."

In the past, Ward and Harris had an on-going battle about which was the best state — California or Florida. Now that Ward will live in Florida, the friends will find another cause to debate.

City Editor Iris B. Holton can be contacted at (813) 348-1921 or by email iholton@fsentinel.com

Kay Jay Harris

YOUTH SPORTSFEST

"Promoting Physical & Academic Fitness For Area Youth"

Register Online: www.kayjayharris.info

Friday, March 13th @ 7:30 PM (Tampa Bay Technical HS Gym)
Admission: $10.00 at door (kids 5 & under free)

After Party & Club Paraña
1619 E 117th St, Tampa FL 33612

* Gate Line *
* Guest DJ's *
* Men's & Women's Basketball*
* Raffles *
* Contests *
* Snacks *
* Drinks *

Contact Info: 871-333-5556 (Tamra Lewis)
813-444-1728 (Angel Brown-WTMP)

KANSAS CITY, Mo. — Kansas City Chiefs have cut quarterback Quinn Gray, who played in one game for the team last season.

The Chiefs announced in a brief news release Wednesday that they had terminated the contract. Gray was among four back-up quarterbacks for the Chiefs after they traded for Matt Cassel from New England.

Gray was also a reserve for the Jacksonville Jaguars before signing with Kansas City.

Judge: Vick Must Appear At Hearing, Pay For Travel

NORFOLK, Va. — Fallen NFL star Michael Vick must appear at a bankruptcy hearing next month but should be serving his own way from the Kansas prison where he is serving time for his role in a dogfighting conspiracy, a judge ruled Wednesday.

At an hour long hearing, U.S. Bankruptcy Judge Frank J. Santoro rejected the government's suggestions that he either postpone Vick's April 2 bankruptcy confirmation hearing or allow the suspended player to testify by video hookup from the federal penitentiary at Leavenworth, Kan.

"I'm not going to be put in a position of determining credibility or demeanor over a television," said Santoro, who has insisted since Vick filed for bankruptcy in July that he would have to testify in person.

The U.S. attorney's office in Alexandria, Va., objected to a proposed court order compelling federal marshals to pick up the former Atlanta Falcons quarterback and bring him to Virginia. They cited the logistical burdens, security risks and costs of the temporary transfer.
ST. LOUIS — Orlando Pace, a seven-time Pro Bowl offensive tackle dogged by injuries in recent seasons, was released Tuesday by the St. Louis Rams.

The 33-year-old Pace was the first overall pick of the 1997 draft. The move cleared $6 million in cap space for the Rams, who were 2-14 last season.

Owner Chip Rosenbloom said in a statement that Pace would be remembered as "one of the finest Rams of all time." Pace started 14 games last year, but missed half of 2007 and virtually all of 2006 due to injuries.

"I can't begin to thank Orlando for all he has meant to the Rams organization," Rosenbloom added. "It is never easy to end a relationship that has had as much success as ours, but in the interest of Orlando and the Rams, we feel now is the right time."

Paul's NBA Best Sixth Triple-Double

WASHINGTON — As Chris Paul made a shot from an awkward angle while getting fouled, just one of many acrobatic plays en route to an NBA-leading sixth triple-double, his momentum carried him over the sideline.

Paul reached over and playfully patted Wizards interim coach Ed Tapscott on the shoulder.

"I think he was saying to me, 'Keep trying, Coach. You might find something that'll stop me,' " Tapscott would say later. "I'm looking in my pocket, thinking to myself, 'It's just about empty right now, Chris'."

Taking over the game when he wanted to — no matter what defensive schemes he faced — Paul compiled 30 points, 13 assists and 10 rebounds Wednesday night, steering the New Orleans Hornets to a 109-98 victory over Washington.

Hornets coach Byron Scott "usually looks at me, and says, 'Be more aggressive,' and that's what I try to do," Paul said.

Joe Jurevicius

CLEVELAND — Joe Jurevicius was convinced he could come back next season and help his hometown Cleveland Browns. They weren't so sure.

Jurevicius, a die-hard Cleveland fan who attended Browns games as a kid, was released by the club Wednesday after they couldn't work out a new contract with the veteran wide receiver.

The 34-year-old Jurevicius missed all of last season after getting a staph infection in his right knee following a routine operation in January 2008. He had one season remaining on a four-year deal he signed as a free agent in 2006. The Browns had approached Jurevicius and his agent, David Dunn, about restructuring his contract.

Chris Paul made a shot when momentum carried him over the sideline. His age, 28, and his health make him a free-agent option for the Heat. He scored 24 points and added 10 assists, but the Heat lost 121-109 to the Wizards.

L.T. Happy He's Still A Bolt

SAN DIEGO — Chargers president Dean Spanos seemed to have the best perspective on the Ladanian Tomlinson saga.

"The alternative was just unthinkable. He belongs in San Diego," Spanos said after the Chargers and Tomlinson agreed to a reworked three-year deal late Tuesday.

L.T. feels the same way. That's because the alternative, of course, would have been for the star running back to be released had the sides not reached a deal.

Even as talks dragged on and speculation mounted that the 2006 NFL MVP might be finished in San Diego, Tomlinson never "envisioned" joining another team.

"I still maintained the belief that I would be a Charger," Tomlinson said at a news conference Wednesday. "They drafted me here and I've been here for eight-years and loved every minute of it, and I just couldn't see myself putting on another uniform."

That Charger uniform, that 21, with the bolt on the side of my helmet, that's pretty special," said Tomlinson.

Panthers Release Top CB Lucas

CHARLOTTE, NC — The Carolina Panthers have released starting corner- back Ken Lucas in a move that clears about $2.3 million in salary-cap space.

The Panthers had been trying to work out a trade for the veteran, but Lucas vetoed a deal to the Detroit Lions last month and the Panthers on Wednesday cut him loose after he struggled late last season.

The Panthers signed Lucas to a six-year, $36 million free-agent deal in 2006 and he started 49 of 50 games with 13 interceptions. But Lucas was burned on several occa- sions, and the Panthers appear poised to promote No. 3 cornerback Richard Marshall to the starting job opposite Chris Gamble.

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FLORIDA SENTINEL-BULLETIN PUBLISHED EVERY TUESDAY AND FRIDAY
Barkley Freed After 3 Days In Jail On DUI Charges

PHOENIX — Former NBA star Charles Barkley was released from jail Monday after serving a three-day sentence on a drunken-driving conviction.

Barkley left the Tent City Jail just before 8 a.m., and avoided a group of reporters by leaving through another door, Maricopa County Sheriff's Office spokesman Lt. Brian Lee said.

Barkley, a TNT studio analyst, reported to the jail Saturday morning wearing a blue warm-up suit with red stripes. He was not required to wear a jail uniform or the county's signature pink underwear because he got work release, Sheriff Joe Arpaio said.

Barkley spent about 36 hours in jail after getting 12 hours of work release on Sunday and Monday. He was housed in a separate tent from the other inmates for his safety, and meals were brought to him.

Lakers' Odom Suspended For Leaving Bench Area

NEW YORK — The NBA has suspended Lakers forward Lamar Odom one game without pay for leaving the bench area during an altercation.

NBA executive vice president of operations Stu Jackson ruled Tuesday that Odom left the "immediate vicinity" of the bench after teammate Trevor Ariza's hard foul on Portland's Rudy Fernandez with 2.2 seconds remaining in the third quarter Monday night touched off a skirmish between the teams.

Odom will miss the Lakers' game in Houston on Wednesday.

Mourning Pushes Kidney Transplant Bill

TALLAHASSEE — Former Miami Heat basketball star and kidney transplant recipient Alonzo Mourning met with lawmakers and Gov. Charlie Crist on Tuesday to urge passage of a law to help more Floridians get transplants.

Crist promised his support to Mourning, who invited the governor to the Heat's March 30 home game against the Orlando Magic for a ceremony to retire his No. 33 jersey.

The legislation would permit people under 65 who have end stage renal disease to obtain Medicare insurance or to buy Kidney Care insurance plans if they already qualify for Medicare coverage. Medicare would qualify as the second insurance coverage each patient must have to be on a kidney waiting list.

Mourning received a kidney transplant in 2003. He returned to basketball and played on the Heat's 2006 NBA championship team.

Woods Trying To Get On Track With Masters Looming

DORAL, Fla. — Fans began showing up at Doral when it was dark. Several hundred surrounded the first tee when Tiger Woods finally arrived for another practice round at dawn.

And then he was gone.

Unlike his short-lived return to competition two weeks ago at the Accenture Match Play Championship, where he was eliminated in the second round, this disappear act lasted only a few seconds as he walked through a thick strip of fog that stretched across the fairway.

Woods is assured of playing four rounds this week.

The CA Championship, which starts Thursday on the Blue Monster with a world-class field of 80 players, will be his first stroke-play tournament since he won the U.S. Open in June, a week before reconstructive surgery on his left knee.

"I've only played two tournaments in what — 10 months? Not a whole lot of golf," Woods said. "So for me, I just need rounds under my belt, and this week will obviously be a very positive week for me — four rounds and no cuts, which is exactly what I need."

Jackson Snags $325K In Ohio

COLUMBUS, Ohio — For the third year in a row the Ultimate Fighting Championship made Columbus, OH its home for a weekend and once again the show was a rousing success. As UFC President Dana White made mention during the post fight press conference, between their event and the Arnold Classic running the same weekend, the city of Columbus experienced around $41 million dollars in revenue.

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**Funerals**

**MRS. DOROTHY WILLIAMS**

The homegoing celebration for Mrs. Dorothy Williams, of 1551 S. Democrat Avenue, who passed away on Saturday, March 7, 2009, will be held on Saturday, March 14, 2009, at 11 a.m. at St. Paul A. E. Church located on E. Harrison Street, with Rev. Bryant A. Faison officiating. Mrs. Dorothy Ann Williams was born on December 27, 1946. She was one of ten siblings born to Mr. and Mrs. Walter Lillian VanBuren of Thibodaux, LA, where she was born and educated.

She relocated to Tampa, over 20 years ago where she was united in marriage to Mr. David R. Williams. She was a loving, caring and giving mother of five children and one special daughter.

She joined St. Paul A. E. Church under Rev. Bryant A. Faison and remained faithful until the end.

Preceding her in death were her father, Walter VanBuren; and her godfather, Isadore Davis.

She leaves to cherish her loving memory: her children, David R. Williams; her devoted children, David (Ronald), Catrice Bryant (Lovenia), Galen Bryant, Levern Bryant (Toney), Brian Newton (Linda), Joann Williams and Arnicie Simons; her grandchildren, John, Toney, Jr., Anthony, Arica, Arionna, Myric, Trinity, Nariyah and John, Jr.; her brother, Lillian J. VanBuren, Thibodaux, LA; godmother, Hazel Robinson, Gallatinville, AL; sister, Verna VanBuren Raymone (Jenkins), New Orleans, LA; nieces, Sharnica Lowe; nieces and cousins; other relatives and friends.

Special acknowledgement to Mrs. Ora Bryant and Mr. Dan Williams, Sr.; Rev. Dr. T. W. Jenkins, pastor, officiating. Interment will be held in Orange Hill Cemetery.

Mrs. Williams was born August 31, 1945, in McRae, Georgia, to the late Nathaniel and Nora Bryant. She enjoyed helping others in her neighborhood, cooking for her family and others and was known as a mother of the community.

She was preceded in death by her parents.

Mrs. Williams leaves to cherish her memories: children, Rev. Salathias Honors and husband, Rev. Reginald of Houston, TX; great grandchildren, due to be born on March 13th, two children, Dudley Bryant, Sr., brother, Bryant Williams of Nicholls, GA; sister, Willie James, (Toney), of Kemper, MS; daughter, Cassandra Saxon; like a son, Harold Lee; goddaughter, Reka Anderson; best friend, Dorothy Smith; beloved dog, Eddie Willson; niece, Niki Olson; and a host of other relatives and friends.

The remains will repose at Aikens Funeral Home on Friday, March 13, 2009, from 5-8 p.m. The funeral cortege will arrange from 10 a.m. to 12 Noon, Friday at 2 p.m. at Peace Temple Pentecostal Church, 2607 E. 24th Avenue, with Reverend Albert Gallmon, Jr., officiating. Interment will be at Rest Haven Memorial Cemetery.

Mrs. Williams was born August 31, 1937, to the late Mrs. Annie Mae Edwards Harris and Mr. Jim Harris. She attended the public schools in Hillsborough County.

She was preceded in death by her husband, Solomon E. Weeks; both parents; and a host of other relatives and friends.

Mrs. Williams will be laid to rest at 1 p.m. on Saturday, March 14, 2009, at New Greater Friendship M. B. Church, 101 E. 12th Street. Friends are asked to assemble at the church at approximately 12:30 p.m. for the service.

**Ms. Ethel Helen Lucille Weeks**

Homegoing services for Mrs. Ethel Helen Lucille Weeks, who passed away Wednesday, March 4, 2009, in a local hospital, will be conducted on Saturday, March 14, 2009, at New Greater Friendship M. B. Church, 3325 E. Emma Street, Rev. Madison Murray, pastor. The Rev. Dr. John L. Giles, Pastor, True Faith Inspirational Baptist Church, officiating. Interment will be at Rest Haven Memorial Cemetery.

Mrs. Ethel Weeks was born August 31, 1937, to the late Mrs. Annie Mae Edwards Harris and Mr. Jim Harris. She attended the public schools in Hillsborough County.

She was preceded in death by her son, John Russell, Clarise Simons and husband, Fred, Arincie Simons and husband, Jonas, Doric Simons and husband, Neal and Frances Simons; nephew, Arice Simons and husband, Neal and Frances Simons; nieces, Annie M. Davis and husband, Michael; and Jeanne Simons and husband, Fred.

She leaves to cherish her memories: her son; John Russell; her devoted children, Myric, Trinity, Nariyah and John, Jr.; her brother, Bryant Williams of Nicholls, GA; sister, Willie James, (Toney), of Kemper, MS; daughter, Cassandra Saxon; like a son, Harold Lee; goddaughter, Reka Anderson; best friend, Dorothy Smith; beloved dog, Eddie Willson; niece, Niki Olson; and a host of other relatives and friends.

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**Funerals**

**Mrs. Mary Harvey Daniels**

Mrs. Mary Harvey Daniels of 1902 W. Cypress Street, passed away Monday, March 9, 2009. Funeral services will be conducted Saturday, March 14, 2009, at 11 a.m. at First Baptist Church, 3414 West LaSalle Street, passed away Saturday, March 7, 2009.

Funeral services will be conducted Saturday, March 14, 2009, at 11 a.m. at First Baptist Church, 3414 W. LaSalle Street, with Reverend Rayford Harper, pastor, officiating. Interment will follow in Rest Haven Memorial Park Cemetery.

She was preceded in death by: her husband, James Smalley and wife, Carolyn Thompson, Sr. (Winona); daughter, Zelia Matthews; her mother, Zelia Matthews; her father, Edwin Matthews, Bernice Mungin; her grandmother, Marie Cleveland, Ohio, and Ebony Vanderhorst of Tampa; two sons, Ron Vanderhorst of Cleveland, Ohio, and Anthony Oliver of Tampa; three cousins, Mary E. Thurston, Earl Thurston and wife, Ola, and Virginia Monroe and husband, Will, all of Tampa; a loving caregiver, Terri Hopkins; 13 grandchildren and 9 great grandchildren; and a host of other sorrowing relatives and friends.

The remains will repose after 3 p.m. today, March 13, 2009, at Ray Williams Funeral Home, 301 N. Howard Avenue.

Arrangements entrusted to RAY WILLIAMS FUNERAL HOME, Rhodes & Northern, Owners.

**Mr. Robert Keaton, Sr.**

Mr. Robert Keaton, Sr., of 3414 West LaSalle Street, passed away Saturday, March 7, 2009.

Funeral services will be conducted Saturday, March 14, 2009, at 11 a.m. at First Baptist Church, 3414 W. LaSalle Street, with Reverend Rayford Harper, pastor, officiating. Interment will follow in Rest Haven Memorial Park Cemetery.

She was preceded in death by: her husband, James Smalley and wife, Carolyn Thompson, Sr. (Winona); daughter, Zelia Matthews; her mother, Zelia Matthews; her father, Edwin Matthews, Bernice Mungin; her grandmother, Marie Cleveland, Ohio, and Ebony Vanderhorst of Tampa; two sons, Ron Vanderhorst of Cleveland, Ohio, and Anthony Oliver of Tampa; three cousins, Mary E. Thurston, Earl Thurston and wife, Ola, and Virginia Monroe and husband, Will, all of Tampa; a loving caregiver, Terri Hopkins; 13 grandchildren and 9 great grandchildren; and a host of other sorrowing relatives and friends.

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Arrangements entrusted to RAY WILLIAMS FUNERAL HOME, Rhodes & Northern, Owners.

**Mr. Michael Richardson**

Mr. Michael Richardson, of 1902 W. Cypress Street, passed away Monday, March 9, 2009.

Funeral services will be conducted Saturday, March 14, 2009, at 11 a.m. at First Baptist Church, 3414 W. LaSalle Street, with Reverend Rayford Harper, pastor, officiating. Interment will follow in Rest Haven Memorial Park Cemetery.

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The remains will repose after 3 p.m. today, March 13, 2009, at Ray Williams Funeral Home, 301 N. Howard Avenue.

Arrangements entrusted to RAY WILLIAMS FUNERAL HOME, Rhodes & Northern, Owners.
Funeral services for Emon Dion Bell, 5 months, who passed away Friday, March 6, 2009, will be held Saturday, March 14, 2009, at 2 p.m. at Grace Family Church, 5101 Van Dyke Road, Lutz, Pastor Craig Altman. Interment will follow in Rest Haven Memorial Park Cemetery.

Emon is survived by: his parents, Eric and Ashley Bell; brother, Eric Bell, Jr.; grandparents, Melvonia Johns, Kennis Bell, Wendy O'Brien and Johnnie Ross; host of aunts, uncles, cousins; and other relatives and friends.

Emon Dion Bell was born to Eric and Ashley Bell on September 25, 2008, in Tampa. He touched many with his powerful smile and free spirit. He will be missed but never forgotten. His life was short, but full. The remains will be viewed from 5-9 p.m. and the family will receive friends from 7-8 p.m., Friday, March 13, 2009, at Wilson Funeral Home, 3000 N. 29th Street.

"A WILSON SERVICE"
www.wilson-funeralhome.com
IN LOVING MEMORY
OF OUR DAD

TERRENCE T. NICHOLS, SR.

Dad, it has been eight heartbreaking years since God looked in His garden and found an empty place. He then looked down upon the earth, and saw your handsome face. He put His arms around you, and whispered in your ear, "Come with me." His garden must be beautiful, because He always takes the best.

We miss you so very much; and we cherish the wonderful memories and love that you gave us.

Forever loved, your children, Terrence, Jr., Terrencia, Antwan, and the rest of the family.

IN LOVING MEMORY

DEA. RAYMOND BRINSON
July 17, 1937 - March 11, 2008

Gone, but not forgotten. We love you.

IN LOVING MEMORY

ELIZABETH M. HARRIS
'GRANNY BELL'
To our beloved grandmother. You are always in our thoughts. With all our love, your grand and greats and me, Linda.

IN LOVING MEMORY

OF OUR PARENTS

HOWARD HEPBURN
January 7, 1924 - March 13, 2007

LEORA 'LEOLA' HEPBURN
September 28, 1923 - January 27, 2008

We love you both so much, but you loved each other more, and God loved you both. We miss your presence, but your memories and your love are engraved in our hearts and our lives forever. Rest Dad and Mom!

The Hepburn (Malcolm and Angel, Mark, and Matthew and Carolyn), Collins (Carolyn and Norris), Taylor (Debra) and Lester (Theora) and families.
Cory ‘Willie’ Dwayne Moore, Jr.
The family of the late Cory Moore, Jr. would like to thank everyone for their prayers, telephone calls, cards, flowers, food and other acts of kindness shown during their time of bereavement.
Special thanks to: the staff of Carnegie Funeral Home and Lavoy Exceptional School.
Thank you. We love you all.
The family of Cory Moore, Jr.

Thank you.

Governor Crist Names James E.C. Perry To Florida Supreme Court

Justice James E. C. Perry with Governor Crist, right, and his family at the announcement Wednesday by Governor Crist, naming him to Florida’s Supreme Court.

— Praises Judge Perry’s compassion, dedication to justice and equality —

TALLAHASSEE – Governor Charlie Crist Wednesday named longtime jurist James E. C. Perry to the Florida Supreme Court. Judge Perry, 65, is Governor Crist’s fourth appointment to the seven-member high court. He is the fourth African-American justice to serve on the seven-member state Supreme Court. He joins Justice Peggy Quince.

“I have given much thought to appointing Judge Perry to Florida’s highest court,” said Governor Charlie Crist. “Our seven Supreme Court justices make precedent-setting decisions on important matters. I am confident Judge Perry will rule with restraint, fairness and humility. He has shown, throughout his personal and professional life, the ability to balance justice with humanity.”

Judge Perry has served as a judge for the 18th Judicial Circuit serving Seminole and Brevard Counties since 2000, when then-Governor Jeb Bush appointed him as the circuit’s first African-American judge. At the time of the appointment, Governor Bush said: “James brings a high level of professionalism, knowledge and skill to the bench. I am confident that his expertise, strong commitment and dedication will continue to be an asset to the 18th Judicial Circuit and the state.”

His daughter, Kamilah Perry is an attorney in the Tampa community.

David Jackson

The family of the late David (Pete) Jackson, wishes to thank you for your prayers, cards, flowers or whatever part you played during his demise.

Special thanks to: Ray Williams Funeral Home, Rev. Frankie L. McClendon, Rev. Laytona Floyd, Ms. Vickie Jackson, Ms. Belinda Brown, Mr. Wright Causseaux, Ybor Health Care Center, Elighah #256 and Stare of FL #386.

God bless all. Michael Jackson, Celestine Roberts and family.

Jeraldine Williams Shaw

Attorney-At-Law

1920 E. Hillsborough Avenue

Tampa, FL 33610

(813) 238-7400 Phone - (813) 238-7404 Fax

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No Suspect Identified In Teenager's Stabbing

Hillsborough County Sheriff's detectives are still investigating the stabbing of a 17-year-old male Tuesday evening. Deputies reported that Donell Burnside was a passenger on a HARTline bus when an altercation began between him and several others on the bus. Deputies said Burnside got off the bus at 56th Street and Sligh where the altercation continued and he was stabbed.

Burnside located a deputy in the area and told him he had been stabbed. He was transported to a local hospital where he was admitted, and hospital officials have released no information on his condition.

Man Arrested After Pursuit

On Wednesday night, Hillsborough County Sheriff's deputies pursued a man into Pinellas County where he was arrested. At 9 p.m., a deputy initiated a traffic stop near 143rd and 12th Street. The vehicle had a headlight out. When the deputy initiated the traffic stop, the car did not stop, but continued to drive at a slow rate of speed.

The deputy followed the vehicle and a few blocks away, the driver stopped and a passenger got out of the vehicle, but the vehicle continued on. There was no pursuit at that time.

A second deputy spotted the vehicle on I-275 and reported seeing several bullet holes in the vehicle. The driver of the vehicle saw the patrol vehicle and side-swiped the deputy's cruiser. The deputy then pursued the vehicle onto the interstate, where the deputy was side-swiped again.

The pursuit went across the Howard Franklin Bridge and ended in Pinellas County, where the suspect hit a pole. Pinellas County Sheriff's deputies and the St. Petersburg Police Department were notified that the pursuit had entered their jurisdiction.

Jeremy Heard, 19, was charged with aggravated battery on a law enforcement officer, and driving without a valid license. Other charges are pending, and he was also on probation for felony fleeing and eluding, police said.

Trio Charged With Setting Fire To Home

Tampa Fire Investigators working with the Tampa Police Department, arrested two adults and a juvenile for arson and attempted murder in connection with a fire Monday at 1202 east Columbus Drive.

Luis Hernandez, 25, Abdiel Gonzalez, 22, and Raul Diaz, 15, were charged in the offense.

The investigation remains open and active at this time and no further information is available.

Buccaneer Player Stabbed In Domestic Incident

Former Florida State and current Tampa Bay Buccaneers linebacker, Geno Hayes, was reported as the victim of a domestic violence incident Saturday.

Hillsborough County Sheriff's deputies reported that Hayes' 19-year-old girlfriend, Shevelle Bagley, stabbed him in the head with a pair of scissors, and followed that by stabbing him in the neck with a knife.

Deputies arrested Bagley, 19, and she was charged with aggravated battery with a deadly weapon.

Deputies said the incident began with an argument and Bagley grabbed a pair of scissors, stabbing Hayes and causing a superficial wound to his head. Hayes took the scissors away from Bagley, and deputies said that's when she grabbed a knife and stabbed him in the neck.

Hayes was released from the hospital after being treated for his wounds. Bagley was released from jail after posting a bond of $25,000.

Man Arrested For Defrauding 71-Year-Old Widow

State of Florida Chief Financial Officer, Alex Sink, announced Tuesday the arrest of a man who allegedly operated a scheme to defraud a 71-year-old widow out of $19,000.

Moctor "Justin" Ndiaye, 36, was arrested Monday after leaving the residence of the senior victim where he was caught on videotape by detectives with Sink's Division of Insurance Fraud investigators.

Since December 2008, investigators said Ndiaye sold the woman a high-yield annuity product, but rather in an account in Ndiaye's name at another bank. If convicted, Ndiaye faces up to 15 years in prison and a $10,000 fine.
The Pinellas County Police arrested a man after receiving a tip Wednesday morning.

A wounded man to the thigh wound to the thigh was transported to a local hospital and admitted to served a search warrant at served a search warrant at a residence.

Prior to this incident, detectives served a search warrant at this location once the shooting investigation is completed.

Brown pleaded no contest to second-degree murder. He was originally charged with first-degree murder.

Brown's co-defendant, James Blackwell was also originally charged with first-degree murder.

Detectives spoke to witness who reportedly said Burns opened the passenger rear door of the vehicle to help Brinson get inside the car. Burns then slid across the seat to give him room to get in the back seat.

The officer exchanged gunfire with Brinson as he entered the vehicle and it sped off, dragging the officer. The car traveled 150 to 200 yards at which point the officer fell free from the vehicle. The suspect vehicle then drove away.

The officer discharged his handgun several times while he was being dragged. The rounds struck Brinson and Burns in their feet.

Later, another officer located the suspect vehicle at an apartment complex. The woman driver was not located, but Brinson and Burns were found and transported to a local hospital.

The officer was also hospitalized with non-life threatening injuries.

Gregory Brinson was charged with attempted murder of a law enforcement officer and sale and possession of cocaine. Adam Burns was charged with accessory to attempted murder of a law enforcement officer.
A Celebration Of Double Honor

BY KATURAH JENKINS-HALL, Ph.D.

The elders who direct the affairs of the church well are worth of double honor, especially those whose work is preaching and teaching. I Timothy 5:17

Many great things happened in 1952. The cure for tuberculosis was celebrated, newly elected President Eisenhower promised to end the war, and Nat King Cole’s “Unforgettable” hit the top of the popular music charts.

Also unforgettable to Mr. Albert and Mrs. Eddy Gallmon was the birth of their oldest son, Albert Gallmon, Jr., on March 1, 1952. On that date 2009, that son celebrated his 57th birthday, as well as his first official day of work as the new Pastor of Peace Progressive M. B. Church, Tampa: ‘A Double Honor’.

Rev. Gallmon and his wife, Mrs. Wilma Gallmon were greeted with a standing ovation from over 120 guests in the banquet room at a local restaurant, as they were escorted in by one of the organizers, Jamie Wilburn. “It is wonderful to see the church family I just left, meet my new church family. It seemed like a providential encounter and I pray that it is only the beginning of a great fellowship between churches,” said Pastor Gallmon.

Formerly, Director of Ministries and Assistant to the Pastor of Bible-Based Fellowship Church, where he served for about one year just after relocating from Minnesota, Rev. Gallmon was elated to see such a great crowd of old and new friends. “Peace Progressive would not miss the opportunity to celebrate our new Pastor,” said Ms. Sheila Sanders, an officer of Peace. Rev. Gallmon expressed his gratitude for the love that has been extended to him and his family the second they walked into the doors of their new church home.

In an open mic format, the Gallmons enjoyed testimony after testimony of how Rev. and Mrs. Gallmon blessed the lives of others through their friendship and leadership. Through songs rendered by friend, Richard Newton and “niece,” Natalie Jones, Rev. Gallmon was reminded to “roll back the curtains of his life” and remember to “keep giving God the best that he’s got.”

The hostesses encouraged the audience to participate in a competition for the best ‘Rev. Al Gallmon imitation.’ It is a well-known fact that this passionate, inspirational preacher often accentuates his messages with distinctive movements of his tall, slender frame when the Spirit is high. Best imitation award went to 10-year-old Breanna Vieux, who obviously has paid attention in service.

In the open mic format, the Gallmons enjoyed testimony after testimony of how Rev. and Mrs. Gallmon blessed the lives of others through their friendship and leadership. Through songs rendered by friend, Richard Newton and “niece,” Natalie Jones, Rev. Gallmon was reminded to “roll back the curtains of his life” and remember to “keep giving God the best that he’s got.”

The Planning Committee for the Birthday Celebration with the honorees: from left, Katurah Hall, Wilma Gallmon, Rev. Gallmon, Jamie Wilburn and Quincenia Bell.

The Forward Family: Kristopher, Kenneth, II, Ken and Lawana after the worship service.

The Forward Family: Kristopher, Kenneth, II, Ken and Lawana after the worship service.

The Forward Family: Kristopher, Kenneth, II, Ken and Lawana after the worship service.

National

Georgia Man Stars In The Not So Great Escape

CAMDEN COUNTY, GA - Over the weekend, Harry Jackson, 25, allegedly escaped from the Camden Count, GA, jail. So far, not such an interesting story.

But when Harry broke free, he didn’t visit his mother, see his sweetheart or make a run for it. No, he went down the street to a Snappy Foods, stole 14 packs of cigarettes and then sneaked back into the lock-up, police said.

Jackson, who was being incarcerated for forgery, identity fraud, possession of cocaine with intent to sell, obstruction of an officer, and traffic charges, now has an escape charge, too.

Harry Jackson

Crash Of Speeding Ferrari Kills Mixed Martial Arts Figure Charles Lewis

VIRGINIA — He was a former lawman who called himself “Mask” and advocated a hold-nothing-back lifestyle that helped transform mixed martial arts fighting into a craze and turned his own fighting apparel company into a multimillion-dollar business.

Before dawn Wednesday on a long, straight stretch of road in Newport Beach, Charles Lewis was killed when his red Ferrari collided with a white Porsche in an accident so violent that the red sports car was ripped in half and his female passenger was hurled into the street.

Police said the two cars appeared to have been traveling side by side at a high rate of speed at 12:57 a.m. on Jamboree Road near the Upper Newport Bay when they collided. Officers said they are investigating whether the drivers were racing.

The Porsche driver, identified as Jeffrey David Kirby, 51, of Costa Mesa, was arrested after allegedly abandoning his car on a side street near the collision and taking off on foot with his female passenger. Kirby is being held on suspicion of felony drunk driving and driving under the influence. Bail is set at $2 million.

Charles Lewis

HARRY JACKSON
Last month, twenty-three students from Van Buren Middle School and a member of the Men of Vision were honored during the 3rd Annual Youth Heritage Photo Contest. The honors were bestowed upon the honorees by the Florida Museum of Photographic Arts.

The program's theme was, "What I like best about my community." Inspired by a poem written by James Tokley, Tampa's Poet Laureate, and Tampa's 2006 Photographer Laureate, Steven Gregory, the students went into their respective neighborhoods to tell their stories.

The judges for the contest were: Latonya Anderson, Van Buren School Assistant Principal; Yolanda Anthony, Tampa Organization of Black Affairs Representative; Candice Cusseaux, Tampa Organization of Black Affairs Representative; Steven Gregory, Photographer Laureate; Alex McKnight, teacher at St. Petersburg's Youth Arts Corp and Commercial Photographer; and Patrick Mitchell, Black History Festival.

The winner of the first place prize was Natasha Joseph, who won a $1,000 scholarship. The second place trophy and a $500 scholarship went to Tavanda Cannon. Eddie Lee claimed the third place prize of a $250 scholarship. All three winners are 8th grade students at Van Buren Middle School.

Photographs provided by Julia Jackson, Ross Anderson, Resource Teacher and Men of Vision Sponsor, and the winning photographs taken from the website of the Florida Museum of photographic Arts.
Applicants Apply For Judicial Vacancies

More than fifty attorneys have submitted their names for consideration to fill vacancies in the Thirteenth Judicial Circuit in Hillsborough County. One vacancy is in the County Court and the other is in the Circuit Court. The Judicial Nominating Commission encourages and seeks comments regarding the qualifications of the applicants from the general public as well as members of the Bench and Florida Bar.

The following individuals have applied with the Commission for nomination to the Circuit Court in the Thirteenth Judicial Circuit in Hillsborough County: Herbert Berkowitz, Ada Carmona, Constance Daniels, Thomas Dickerhoof, Gary Dolgin, Tomas Gacio, John Holsonback, Carolee Hooper, Paul Huey, Robert Kelly, Matthew Lucas, Yvette MacMillan, Nick Nazaretian, Kyle Pennington, Frances Perrone, Robert Petschow, Ryan Rodems, Christopher Shulman, John Terry, Barbara Twine-Thomas, Miriam Valkenberg, Richard Weis, Zachary White, and Lanell Williams.

Sorority Presented Prestigious Award For Public Service

Alpha Kappa Alpha Sorority Inc. will receive a statewide award in Florida for its international, longstanding commitment to public service. The award recognizes the sorority for its incomparable history of providing service to communities worldwide.

Onyx Magazine will bestow the honor during the Onyx Awards, Florida's signature African-American televised awards celebration. The red carpet, black-tie event will be Saturday, March 14, at the Rosen Plaza Hotel in Orlando. The organization's international president, Barbara A. McKinzie, will accept on behalf of the Sorority's 225,000 members in 975 chapters worldwide.

Also attending will be the sorority's international vice president, Carolyn House Stewart, a Tampa-area attorney who assumes the helm of Alpha Kappa Alpha in July 2010.

The sorority will be honored in the category of Public and International Service. In announcing the award, Lillian Seays, managing editor of Onyx Magazine, saluted Alpha Kappa Alpha for the work it does across the United States and abroad.

In its 101-year history, the sorority has been a trailblazer in its commitment to improving the lives of women and girls through educational services, healthcare initiatives and through mentoring. Under McKinzie's leadership, that effort has expanded to include black men and boys. As a result, the sorority works with whole families to uplift entire communities.

The theme of the awards ceremony, Education: The Gateway to Independence, honors All of Florida's Historically Black Colleges and Universities will be honored.

The Onyx Awards has a stellar roster of African American luminaries. This year's honorary chairs are Lee Elder, the first African-American golfer to play in the Masters; Dr. Dorothy I. Height, chair and president emerita of the National Council of Negro Women; Joseph Melbourne, director of community affairs, Turner Construction.

The theme of the awards ceremony is Education: The Gateway to Independence. All of Florida's Historically Black Colleges and Universities will be honored.

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ASHLEY, A’MAURI And ANGEL
Happy 25th birthday to our mommie. We love you and wish you many more.

W. WESLEY ALLEN AKA Woody
Happy Birthday. I love the both of you.

We’ve Done It Again
C4
She’ll be holding my cash while I’m loving her down. Happy birthday, Bae!

LADY C4

Birthday Notices And Other Announcements Deadline: 1 Week In Advance Call: 248-1921 - For More Info

Happy Birthday
KALLIS
Kallis will be celebrating her 15th birthday with family and friends at MacFarlane Park on Saturday, March 14th. Happy birthday baby, we love you.
Love, Douchie and Rita.

BARBARA SAMPSON
Happy 50th birthday, Mommy, we love you!
Tonja and Tavarias.

ASIA, SIAH, 1-2 And 1-4
Yes, it’s that time again! Birthday wishes are going out to Ms. Siah on March 11. So come celebrate with her on March 14. Oh yeah, invitation only! Love always.
Belated wishes are going out to papa, granddaddy and Ti Ti Alicia. Happy birthday.

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Much Laughter! And The Story-Line Is Sure To
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A Religious-Oriented; Family-Oriented And Community-Oriented Performance, Which Provides Wholesome Entertainment That Is
Uplifting And Inspiring For All Ages
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(Doors Open At 3 P.M.)
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It's Not Your Age, It's Your Attitude, Boo Boo!

MS. BOSSY
I don't say too much, I let my swag do the talking. Yeah, it's that time for me to shine.
All About You

Look Who's 4!

Happy 4th birthday to our "Lil Angel," Ms. Chaise!
Love, mommy (Tracey), and daddy (Chad).

CHaise

Thank You

DемétHus
And CONCETTA

To my lovely wife, thank you for always being there, Bae! And love does conquer all. I love you ConCetta.

Happy Birthday

(DAD) MAINE,
(JAKERIYA) And :
(MOM) KEKE

It seems like you were just born yesterday and now you are 2
We love you.

Congratulations

(C) CHARLES And
(R) COTNEY

A very big shout out to my son, Cotney on his birthday.
From your mom, Lisa Gail, your kids, Lil Cotney and Ms. Teri Otting. Love always.
Also a big shout to my nephew, Charlie. From your auntie, Lisa Gail.

Happy Birthday

CORY PERKINS
And JECOLIAH
WILLIAMS

On Sunday, March 14th after their Baptism at Revealing Truth Ministries, Cory Marcus Perkins proposed to Jecoliah Aleslia Williams, who happily accepted.
Congratulations on your engagement and best wishes.
The family.

Happy Birthday

MOTHER
THELMA GREEN

Happy birthday on your natal day, March 16th. I wish you many more.
From Deacon Lorenzo Hayes!

Military Promotion

MAJOR CAMILLE POWELL-MACK

On Monday, March 2nd, Camille Powell Mack was promoted to Major in a ceremony that took place at the Rayburn House Office Building in Washington, DC.
Camille will serve as a Congressional Fellow for Rep. Larry Kissell of North Carolina's 5th District, for the next 3 years. She has served in the Army for 17 years.
Camille is a former Tampian, and graduated from Bethune-Cookman (College) University where she earned a degree in Mass Communications. She is the daughter of Mrs. Glenda Powell-Levins (Don) and Mr. Winston Powell (Elise). She is the mother of one son, Royce Powell-Davis. Those who witnessed this occasion were her parents, her sister and brother-in-law, Cynthia and Greg Carter, also her younger sisters, Donetta and Shameka Levins.
Camille is currently stationed in Woodbridge, VA. Congratulations Camille on your promotion.

Happy Birthday

BODACIOUS

To Be Continued

DADDY TRINADAD
AND BODACIOUS

Look, but don’t touch! Said: Big Daddy!

Florida Sentinel-Bulletin Published Every Tuesday and Friday

Princeton (813) 248-1921
A New Chance
Because Of Him

A name is an important part of a person's life. It is extremely important to have a good name. Not only must the name be good, but the reputation must be good as well. God has a good name and the reputation to accompany it. Because His name and reputation are good, He does whatever He needs to do to maintain its goodness.

This week's lesson teaches what happens in the lives of the people of God when God acts to protect His name.

In the book of Ezekiel 36:22-27, the story is told of how God restores and protects His name among people who have sinned and gone astray.

God gives the people a new opportunity. He gives them a new chance at a better life. They shall look down upon the family.

He further shows how great He is by washing them when they get there and by giving them a new heart and new spirit. God does not just want to put His people in a new place, but He wants them to be able to walk upright in the new place.

God said they have brought shame to His name in the land in which they live among the heathens. They have disgraced Him. Think about the days of old when you acted up or "showed out" and embarrassed your parents. Back in the day families protected the family name. You were not going to bring embarrassment upon the family.

It is important for the people of God to know and understand that many of the blessings they have received were not based upon how they lived. God performs what He wishes because of His name's sake. He makes known the awesomeness of His name by how He treats His people.

To demonstrate His love and desire for His people to live better lives and to bring honor to His name, God relocates His people. God has decided to bring the people out from among those who walk contrary to His will (vs. 24). God will take them to their own land.

This serves notice to the people of God today that as you live a blessed life, remember the evil deeds of your past, knowing that in spite of them all God still blessed you. You are blessed because God chose to bless you. It was not about you or because of you, but it is about Him. God bestows a newness, upon His people for His own name sake.

Many people mess up new opportunities because they go into new places with the same attitude, mentality, and spirit. As God gives you a new chance you must allow God to wash you of your unclean past and put a new spirit in you.

God will give you a new chance in spite of you. He gives you a new chance to demonstrate the power of His name. Instead of chastising them, He blessed them. It is sometimes easy to hurt and get even. But it shows power and greatness to forgive and do that which is good.

He does however say to them that they shall remember their own evil ways (vs. 31). They shall look down upon themselves for all the things they have done. God allows them to remember how they were treated betrayed, and embarrassed Him in a new place.

This week's lesson teaches what happens in the lives of the people of God when God acts to protect His name among a people who have sinned and gone astray. God has a good name, not only as people, but for His own name's sake. He makes known the awesomeness of His name by how He treats His people.

To demonstrate His love and desire for His people to live better lives and to bring honor to His name, He relocates His people. God has decided to bring the people out from among those who walk contrary to His will (vs. 24). God will take them to their own land. He further shows how great He is by washing them when they get there and by giving them a new heart and new spirit. God does not just want to put His people in a new place, but He wants them to be able to walk upright in the new place.
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FIRST MISSIONARY BAPTIST CHURCH OF HIGHLAND PINES
4711 N. 21st Ave.
Pastor
Dr. Thomas L. Hadden, III
Sunday School - 9:30 A.M.
Morning Worship - 11 A.M.
Bible Study (Wednesday) - 7 P.M.

NEW FRIENDSHIP M.B. CHURCH
3107 E. Lake Ave. · (813) 248-4127
Pastor
Rev. H. L. Daniels
Weekly Activities
Sunday Church School - 9:30 A.M.
Morning Worship - 10:45 A.M.
Bible Class - 4:30 P.M.
Evening Worship - 5 P.M.
Wednesday Prayer Meeting - 7 P.M.
Bible Study - 7:30 P.M.

OCCIDENT BAPTIST CHURCH
4025 W. Palmetto St. · (813) 879-1351
Pastor
Rev. Anthony Greene
Sunday School - 9:30 A.M.
Morning Worship - 11 A.M.
Prayer Service & Bible Study - 6 P.M.

FIRST MISSIONARY BAPTIST CHURCH OF CHRIST
8309 N. 40th St. · Tampa, FL 33604
(813) 945-7292
Pastor
John Douglas, Evangelist
Sun. Morn. Bible Study - 9:30 A.M.
Sun. Morning Worship - 10:50 A.M.
Midweek Bible Study · Wed. - 7:30 P.M.
Everyone Welcome

GREAT FRIENDSHIP M. B. CHURCH
3325 E. Emma St.
Pastor
Rev. M. Murray
Sunday School · 9:45 a.m.
Morning Worship · 11 a.m.
Evening Worship · 5 p.m.
Prayer Meetings · Tuesday · 7:30 p.m.
Visitors Are Welcome

CHURCH OF GOD IN CHRIST
1932 W. Laffitte St.,
Tampa, FL 33607
(813) 254-6278
Pastor
Rev. James C. Devins
Mrs. Roberta T. Devins, First Lady
Morning Worship · 9:30 A.M.
Church School · 9:30 A.M.
Bible Study · 12 - 4 p.m.
Sunday Church School · 9:45 A.M.
Prayer Service · 6:30 p.m.

ST. MARY'S B. M. A.
1530 W. Palmetto St.,
Tampa, FL 33604
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Rev. Evan Burrows
Senior Pastor
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Sunday School · 9:45 a.m.
Morning Worship · 10:50 a.m.
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Blessed are the merciful,
for they shall obtain mercy
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Sunday Morning Worship - 9:30 A.M.
Morning Worship - 10:30 A.M.
Wed. 'Family Night - 7 P.M.
Dea. John C. Lovett, Chairman
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Caroline: 248-HHELP
Bishop Eddie Newkirk, Sr. Pastor

WEEKLY WORSHIP SCHEDULE
Sunday:
8:00 A.M. Spiritual Enrichment
9:45 A.M. Sunday School / Orientation
10:45 A.M Worship Service
(Youth Church 2nd And 3rd Sundays)
Tuesday:
12:00 Noon Intercessory Prayer w/Bible Study
Wednesday:
5:30 P.M. Free Tutorial
6:45 P.M. Adult & Youth Mid Week Service

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stjministries@Aol.com

Mission Statement:
A Church of the inner city reaching out to the community by ministering to the whole man.
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BISHOP EDDIE NEWKIRK and
PASTOR AUDREY NEWKIRK

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1319 East Laura Street
Plant City, Fl 33566 (813) 592-8858
William Kettles, Minister
Sunday:
Morning Bible Study .. 9 A.M.
Morning Worship .... 10:15 A.M.
Evening Worship .... 7 P.M.
Wednesday:
Morning Bible Study .... 10 A.M.
Evening Bible Study .... 7 P.M.

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(813) 238-8911

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Morning Worship: 10:45am
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editor@flsentinel.com
More than 2,000 persons attended the 42nd Annual Holy Convocation of the Jurisdiction of Southwestern Florida of the Church of God in Christ. This may have been the largest attended convocation in the jurisdiction.

Brown Memorial COGIC, Bishop Matthew Williams, Pastor, was the headquarters. "All things, All People, All Godly strategies," 1 Corinthians 9:19-22 was the convocation theme.

Many are still in awe of the spiritual services rendered within a week. The lineup of guests started with Stellar Award-winning gospel diva, Karen Clark Sheard at the Convocation Concert.

The Most Reverend Charles E. Blake, Sr., Presiding Bishop of the Church of God in Christ, spoke on Tuesday night. Bishop Darrell Hines, Chairman of the Men’s Conference, was the speaker on Wednesday. Pastor Marvin Winans of Detroit, MI was the guest on Thursday night. A 200-voice male choir was in charge of this service.

Mother Delores Davis and Mother Alberta Baker were the speakers on Friday. Elder Dontae Jenkins spoke to the AIM group on Saturday. The Official Day Founders Day service was held on Sunday afternoon with all the jurisdictional churches in attendance. Jurisdictional Prelate Bishop Matthew Williams delivered the afternoon message.

(Photos by Julia Jackson and George Streets)

Missionary Whitehurst of St. Petersburg.

Mother Gayle Williams, Bishop Matthew Williams and musical guest Evangelist Karen Clark-Sheard.

Superintendent Clethen Sutton.

Mother Elizabeth G. Crooks, Supervisor of Women Central Florida No. 1, Minister Steve Marshall, Southeast Regional Coordinator, COGIC, special guest, Karen Clark-Sheard and Deacon Bennie Smith, JSWF Minister of Music.

First Lady of Emmanuel COGIC, Sharon Smalley.

Bishop Matthew Williams with members of Predestination of Germany.
Happy birthday to the March celebrants: Darlene Stewart, Sandy Graham, Christine Young, Pamela Gardner, Allison Baker, Jessica Martin, Jennifer Thompson, Elizabeth Roberts, Master Daniel Lawrence, Camille Hepburn-Williams and Betty Porter.

St. Joseph M. B. Church
Rev. Thomas Heyward, interim Pastor and members from St. Joseph M. B. Church, send birthday greetings to Shauntavia Watson, Derrick Blue and Talecia Collins.

James (Diana) Murphy, Lawrence, Camille Hepburn-Williams and Roberts, Master Daniel March celebrants: Darlene

Happy birthday to the following: Mrs. Shirley Sanchez, Mrs. Sallie Holmes.

Happy anniversary: Rev. and Mrs. Joe L. (Eva) Gay, Rev. and Mrs. James (Diana) Murphy, and Mr. and Mrs. Rudolph (Lillian) Tolbert.

Uplifting Prayers
His eye is on the sparrow and I know He watches over us. Let us keep the sick and shut-ins in our daily prayers:
- Evelyn Webb, Alfreda Rose, Roger Humphrey, the Vickers, Dan and Willie Mae Wright, Sis. Lillie Mae Stokes, Major Milligan, Willie Ed Chaney, Lula Philion, Lucille Moore, James Wiggs, Evelyn Wiggs, Sis. Lillian Harris Cusseaux, Mrs. Lena Counyer, Mrs. Archia Mae Wright, Ms. Carmen Garcia (St. Joseph’s Hospital), Mrs. Mary Hickman Ford and Sallie Holmes. Get well wishes go all the way to Sacramento, CA, to Miss Elaine Livingston, who was recently released from the hospital. This blessed wish comes from your Aunt Peggie Lise and family in the Tampa Bay area.

Our prayers are with the families of the three missing pro-football players and we wish the rescued player a speedy recovery.


Sympathy
Our deepest sympathy is extended to the Collins and Monroe families in the loss of their loved one, Mr. Earl L. Monroe, Jr., who was funeralized Saturday, March 7, 2009.

First Baptist Church Of Progress Village News
Every third Saturday of the month between 8 a.m. and 12 noon, the church gives away donated clothing, toys, and household items at 8616 Progress Boulevard (between 79th St. and Faulkenburg Rd.).

- My Brothers 2 Keep Ministry
Inmates can request a FREE Bible and greeting cards by writing to: My Brothers 2 Keep Ministry, P. O. Box 4618, Tampa, FL, 33677-4618.

- Thought For Today
“When a man is down, do not put your foot on him, lean down and ask him if it’s anything you can do for him.”

Scripture (Philippians 4:13)
I can do all things through Christ, which strengtheneth me.

F. Y. I.
Let us keep President Barack Obama and his family in our daily prayers as he tries to bring change for everyone.

Remember our service men and women who put their lives on the line daily.

Remember the helpers in the kitchen: Thelma, (813) 671-5964; Family Deli, (813) 671-5451 or H. O. P., (813) 238-5221.

Call your news in to Ireaden London-Biggs at (813) 677-6071. Be blessed! Yes We Can!
**Arm and Air Force Hometown News**

Air Force Reserve Airman Aaron E. Barnes and Air Force Airman 1st Class Jake A. Johnson have graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airmen studied the Air Force mission, organization, core values, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree in applied science degree.

**Young Man Wants To Make Sure History Of Central Avenue Isn't Forgotten**

**BY LEON B. CREWS**

Clarence Jones wasn't born during the riots in 1967 that virtually put an end to the era of Central Avenue.

However while still a student at Howard W. Blake High School, Jones became interested in the history of Central Park Villa and all the Black-owned business that once adorned the area.

"Without question, the Central Park area is one of Tampa's most culturally and historically rich neighborhoods. The Scrubs community settled by freed slaves in 1865 started out as a collection of shotgun houses and formed Tampa's first African American community."

Jones has done a lot of research, and has listed at least 30 Black-owned businesses that were on Central Avenue.

"I was shocked to discover that Black people owned a lot of businesses. Life was made a lot easier for a lot of Black people because of these businesses and the general economy in Black communities reflected that."

"It's hard to believe that it all went away so quickly, and all it took was a riot to destroy decades of progress."

In 2007, the wrecking ball brought to an end the last remaining symbol of Central Avenue, Central Park Village. Constructed in 1954 on the same site that was once the Scrubs, Central Park Village was as much a part of the history of Central Avenue as the businesses.

"Our young people need to know this. They need to know how Black people lived back then. They need to know what life was like during that time, and what happened that brought it to an end."

"There was a moment in the mid 1960s when Tampa was waiting for an excuse to get rid of Central Avenue. It was too close to downtown and some people at that time didn't feel Black people should be running businesses that close to downtown."

Jones is asking for all former residents of Central Park Village and former Central Avenue business owners to meet this Friday (today) at Zion Church of Holiness in the Tampa Park Plaza from 7 p.m. to 8 p.m.

The meeting will also include plans for the next Central Park Village reunion with the theme, "Rebuilding and Remembering Our Past, Building For A Better Future."

For more information, call Clarence Jones at (813) 526-4532.
56th Annual Larry Family Reunion

The Larry Family celebrated their 56th Annual Family Reunion on New Year's Day, January 1, 2009 at the Hillsborough County Eureka Springs Regional Park, 6400 Eureka Springs Road, Tampa, FL.

The 2009 Celebration was coordinated by LaMarcus W. Larry, Jr. and wife, Sarah McNeil Larry, who is the first son of LaMarcus W. Larry, Sr., who was the third child of the late Raymond L. Larry, Sr., who was the son of the late Foster Larry, minister of the gospel.

LaMarcus W. Jr and wife, Sarah served as facilitators of the program, which opened with the family singing "What A Friend We Have in Jesus." Prayer was led by Carl W. Larry, Sr.; Welcome was given by LaMarcus, Jr. Each family member gave their name and told how they became a member of the Larry Family. Grace was offered by LaMarcus, Sr.

Certificates were issued by Pauline Larry Grant to: Jeremy Chapman, Jr., the youngest male present (2 years); Allisha Wright (1 year), the youngest female present; Zakheya N. Branch, over 1045 Hillsborough County New Year's Baby that turned 14 years old, was given Certificate of Happy Birthday.


Members of the Larry Family gathered on New Year's Day for their annual reunion.
Health News

What Is Bipolar Disorder?

Bipolar disorder is characterized by extreme changes in mood (poles) — from mania to depression. Between these mood swings, a person with bipolar disorder may experience normal moods.

What are the Symptoms?
The primary symptoms of bipolar disorder are dramatic and unpredictable mood swings. The illness has two strongly contrasting phases.

In the manic phase, be aware of:

- Euphoria or irritability, 
- Excessive talk; racing thoughts,
- Inflated self-esteem, 
- Unusual energy; less need for sleep,
- Impulsiveness, a reckless pursuit of gratification — shopping sprees, impetuous travel, more and sometimes promiscuous sex, high-risk business investments, fast driving, or
- Hallucinations and or delusions (in cases of bipolar disorder with psychotic features).

In the depressive phase, be aware of:

- Depressed mood and low self-esteem,
- Low energy levels and apathy,
- Sadness, loneliness, helplessness, guilt,
- Slow speech, fatigue, and poor coordination,
- Insomnia or oversleeping,
- Suicidal thoughts and feelings,
- Poor concentration, or
- Lack of interest or pleasure in usual activities.

Diagnosis:

A bipolar disorder diagnosis is made only by taking careful note of symptoms, including their severity, length, and frequency. The most telling symptoms of bipolar disorder include severe mood swings (going from extreme highs to extreme lows) that don’t follow a set pattern.

Treatment:

The best treatment is a combination of medication and counseling, although electroconvulsive therapy (ECT) may be successful for people with major or catatonic depression.

Non-drug treatments, such as psychotherapy, and establishing a well-ordered routine may help patients in their maintenance phase. This is often suggested along with medication.

Depression

Treating a depressive episode in bipolar disorder is controversial and challenging. Using antidepressant medication alone is not recommended because the drugs may flip a person into a manic or hypomanic episode. Hypomania is a more subdued version of mania. Antidepressants alone also may lead to rapid cycling, in a rapid cycling, a person may recover more quickly from depression but may experience mania and then another episode of depression.
Health News

Which Vaccines Do You Need?

Chances are, when you hit adulthood, you figured that you were pretty much done with vaccines, except for the occasional flu shot. But it’s time to roll up your sleeve. Experts say the right vaccines can prevent pain and misery—and could even save your life.

Tdap Booster: Prevents whooping cough, diphtheria, and tetanus.

MMR: Prevents mumps, measles, and rubella in adults, mumps can be serious: 1 in 20 women develop swelling of the ovaries; 1 in 5 men, inflammation of the testes. Rarely, adult mumps can cause potentially life-threatening swelling of the testes.

Tdap Booster: Prevents whooping cough, diphtheria, and tetanus. But it’s not just for kids. Adults need the Tdap booster to protect against tetanus, whooping cough, and diphtheria.

Chances are, when you hit adulthood, you figured that you were pretty much done with vaccines, except for the occasional flu shot. But it’s time to roll up your sleeve. Experts say the right vaccines can prevent pain and misery—and could even save your life.

What are some common medical symptoms that people should be aware of?

Medical Symptoms To Beware Of

Here are 6 medical symptoms you should keep in mind:

1. Black, tarry stools may indicate a hemorrhage from an ulcer of the stomach or the intestine. A stomach ulcer can be very dangerous, even in people under 40. It can be a serious and potentially fatal condition. Early intervention is crucial to prevent further damage to the stomach lining and to rule out cancer as a cause.

2. Sudden, agonizing headache, more severe than any you have felt before, could mean you are bleeding in the brain. Go to an emergency center immediately.

3. Lump in the groin could be serious. A brain aneurysm is rare, but it can happen—especially in people under 40. It can be a serious and potentially fatal condition. Early intervention is crucial to prevent further damage to the brain lining and to rule out cancer as a cause.

4. Fast heart rate can indicate a serious infection called meningitis.

5. A sudden, agonizing headache, more severe than any you have felt before, could mean you are bleeding in the brain. Go to an emergency center immediately.

6. A brain aneurysm is rare, but it can happen—especially in people under 40. It can be a serious and potentially fatal condition. Early intervention is crucial to prevent further damage to the brain lining and to rule out cancer as a cause.

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No blarney! Even if it's not traditional, going green on St. Patrick's Day is just plain fun for kids and adults alike. May the luck of the Irish be with you.

**Shamrock Bread & Spinach Dip**

1 package hot roll mix
water, butter and egg to prepare mix
¼ cup shredded cheddar cheese

**Spinach Dip**

**DIRECTIONS:** Spray pan with vegetable pan spray. Prepare hot roll mix following package instructions; if desired, knead in shredded cheese. Press dough into prepared pan. Cover with a clean cloth and let rise in warm place until doubled, about 30 minutes. Preheat oven to 375°F. Bake for 35 to 40 minutes or until golden brown. Remove from pan and cool on wire rack. When completely cooled, cut hole in bread, almost completely through; spoon in Spinach Dip.

**A Piece Of The "Rock" Cupcakes**

Standard Muffin Pan
Green Cake Sparkles
Shamrock Icing Decorations
Butter Cream Icing
Green Color Mist
Food Color Spray

**DIRECTIONS:** Bake cupcakes in St. Patrick's Day Themed Standard Baking Cups and cool completely on Cooling Grid. Prepare Butter Cream Icing recipe.

Pipe icing swirl on each cupcake with Open Star Decorating Tip. Sprinkle tops of cupcakes with Green Color Mist Food Color Spray, and sprinkle with Green Cake Sparkles. Arrange one Shamrock Icing Decoration in the center of each cupcake.

**Shamrock Cookies**

2¼ cups all-purpose flour
2 teaspoons baking powder & 1 teaspoon salt
1 cup butter, softened (2 sticks)
1½ cups granulated sugar & 1 egg
1½ teaspoons pure vanilla extract
½ teaspoon No Color Almond Extract

**Royal Icing**

Green Icing Color
Dark & Light Green Colored Sugar
Green Sparkle Gel

**DIRECTIONS:** Preheat oven to 400°F. In bowl, mix flour, baking powder and salt, set aside. In bowl, beat butter and sugar with electric mixer until light and fluffy. Add eggs; mix until blended. Add vanilla and almond extracts. Stir in flour mixture; mix until blended. Do not chill dough. Divide dough into 2 balls. On floured surface, roll each ball into a circle about 12” in diameter and 1/8” thick. Dip cookie cutter in flour before each use.

Bake cookies on ungreased cookie sheet 6-7 minutes or until cookies are lightly browned. Cool 2 minutes on cookie sheet. Remove from sheet and cool completely on cooling grid.

Decorate cookies with Cookie Icing. Add sugars, sprinkles and icing decorations, as desired.
**Bit-of-Irish Cheesecake**

1 cup sugar  
+2 tbsp. sugar  
3 tbsp. flour  
1 cup sour cream  
4 eggs  
¼ cup Irish cream liqueur  
11/2 cups chopped pecans  
3 tbsp. butter, melted  
4 pkg. (8 oz. each) Cream Cheese, softened

**Directions:** Preheat oven to 325°F if using a silver 9-inch springform pan (or to 300°F if using a dark nonstick 9-inch springform pan). Mix pecans, 2 Tbsp. sugar and the butter; press firmly onto bottom of pan. Bake 10 min.

Beat cream cheese, 1 cup sugar and the flour in large bowl with electric mixer on medium speed until well blended. Add sour cream and liqueur; mix well. Add eggs, 1 at a time, mixing on low speed after each addition just until blended. Pour over crust. Bake 1 hour 5 min. or until center is almost set. Run small knife or metal spatula around rim of pan to loosen cake; cool before removing rim of pan. Refrigerate 4 hours or overnight. Store leftover cheesecake in refrigerator.

Can't get enough of the lucky color? Add these green ingredients and garnishes to your food—or your alcoholic beverages. To make green beer, add one drop of green food coloring for every 12 oz. beer. The lighter the beer, the more the color will show through.

- Crushed mint leaves
- Créme de menthe liquor
- Lime zest
- Lime-flavored gelatin
- Green olives
- Cucumber
- Celery
- Lime sherbet
- Mint or pistachio ice cream

---

**Lime Sherbet Punch**

- 2 quarts lime sherbet
- 2 liters ginger ale
- 1 (46-ounce) can pineapple juice
- Lemon slices
- Lime slices
- Maraschino cherries (optional, unless their green)

**Directions:** In a punch bowl, add 2 quarts of lime sherbet. Then add ginger ale and pineapple juice. Decorate with lemon and lime slices and some maraschino cherries.

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**Whole Chicken**
Publix All-Natural, USDA Grade  
SAVE UP TO .90 LB

**Del Monte Fresh Cut Vegetables**
Assorted Varieties, 11 to 15.25-oz cans. (Excluding Specialty Varieties and Asparagus.) Limit four.  
SAVE UP TO .90

**Publix Yogurt**
Assorted Varieties, 8-oz tube Limit four.  
SAVE UP TO 1.22

**Crest Toothpaste**

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**Prices effective Thursday, March 12 through Wednesday, March 18, 2009.**

Only in Lake, Sunnier, Fort and Osceola Counties. Prices not effective at Public Sabor. Quantity rights reserved.
Men Of Distinction Gather At Tampa Live

Men Of Distinction gather monthly at Tampa Live to shoot the breeze and discuss the issues of the day. (Photos by Julia Jackson)

- Mr. G. and Sir Coolest are 'Men of Distinction.'
- Mr. So-Real...at all times.
- Mr. Take Care Of Business.

Tampa Live Friday Night

On a recent Friday night, these folks were captured relaxing at Tampa Live. (Photos by Julia Jackson)

- THOMAS
- MR. SERIOUS
- Bobby and Janice having a good time at Tampa Live.

Club 112

(Photos by Julia Jackson)

- RA-RA
- Larry T. and Mr. Judge at Club 112.
- KENYA
- Kara and Larno out on the town.
Local Entertainment

Tonya Johnson Celebrates Birthday At Popular Nightspot

Tonya Johnson took her birthday party to the popular nightspot, Tampa Live. (Photos by Julia Jackson)

Birthday Lady Tonya Johnson and Lisa Miles at Tampa Live.

Donna Douglas and Casandra Washington helped Tonya Johnson celebrate her birthday.

M. 'J' with Tampa Live manager, Freddie Shellman.

Gaylen celebrated his birthday, too.

Good Times At Broadway Bar

Jeff Stone and his dolphin. PHILX TREYER MS. 'T'

TINA LEWIS Rich and Carter enjoying an evening at Broadway Bar.

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T.I. Reportedly Won't Head To Prison Until End Of The Month

T.I.

As T.I. counts his time as a free man, he's getting a few things in order. The rapper is keeping busy with his MTV show "Road to Redemption," and he performed a show this past weekend in Miami, bidding adieu to many of his adoring supporters before serving prison sentence. And he's still recording music, getting in some last-minute studio time with DJ Toomp and others.

Kanye West Booked With Clarkson On 'American Idol'

KELLY CLARKSON

'American Idol,' is about to get a double dose of star power: Kanye West and Kelly Clarkson.

The Grammy winners will share the stage as performers during Wednesday's elimination show.

West, making his first appearance on the top-rated Fox series, will perform his chart-topping song "Heartless" from his latest album "808's & Heartbreak."

Clarkson, the original "American Idol," will sing her chart-topper "My Life Would Suck Without You," off her new album that drops Tuesday.

The show - a ratings juggernaut since it debuted in 2002 - has attracted numerous top artists as mentors and performers in recent seasons. Among them: Mariah Carey, Prince, Gwen Stefani, Dolly Parton and Jennifer Lopez.

Fantasia To Reprise Her Role in 'The Color Purple'

WASHINGTON

"American Idol" winner Fantasia Barrino will reprise her lead role of Celie in the first New York touring production of "The Color Purple" when the Broadway musical opens in Washington.

The Kennedy Center announced that Barrino (pronounced bor-BEE-no) will join the cast for the five-week engagement starting in June.

Barrino was the first ever "American Idol" winner to star on Broadway.

A single mother and high school dropout from North Carolina, Barrino has rapidly ascended to stardom after winning the third season of "American Idol" in 2004.

Eminem Pins Down Relapse Release Date

LOS ANGELES — The real Slim Shady is not only standing up, he’s coming back. And, most important, setting a date for his ever-elusive resurgence.

Eminem has at last pinned down May 19 for the release of Relapse, his first new-studio album in more than four years.

At the announcement has been such a long time coming for loyal fans-the album was first announced last fall and originally slated for release Christmas of last year-Eminem is offering up a double dose of good news for his long-suffering music minions, confirming recent reports that Relapse will be quickly followed by another new album, the aptly named "Relapse 2." "A lot of people were expecting Relapse to drop last year," Eminem said. "It was one of them."

Then Dre and I went back in the studio in September for a few days, and that turned into six months," he said of his album's delay. "We were on such a roll; we wound up with a ton of new music produced by..."

Chris Brown Pal: We Shouldn’t Judge So Fast

LOS ANGELES — Friends of Chris Brown and Rihanna continue to speak out about the couple's recent drama.

"It's a really toughy subject for me-a really toughy subject," David Banner, Brown's collaborator on the 2008 hit "Get Like Me (Stunin' Is a Habit)," told us at last night's A Place Called Home benefit at Pinz bowling alley in Studio City, Calif. "But I think that until everybody gets all of the information, we shouldn't judge.

Like Mekhi Phifer told us last weekend, Banner said we should remember how young Brown and Rihanna are. "It was a bad situation either way it goes, but I really, honestly believe more than anything that those are kids," he said. "People forget that. Those are still kids." He continued, "We look at them, they're millionaires, they're doing well for themselves, but they're just two kids. And I really think that instead of being as harsh about the situation, people should help. And I don't think people look at it like that."

Chris Brown a 1:1 20 Y OY E A R s E X P E R I E N C E

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EMINEM

Dre. Putting out Relapse 2 will let everyone get all of the best stuff."

That album is currently without a firm release date, but is due out by the end of the year.

In the meantime, Eminem and regular cohorts Dr. Dre and 50-Cent, who did his part to hurry the album's release by, pleading not to release any solo material until his mentor had secured a release-joined lyrical forces last month on "Crack a Bottle," the debut single off Eminem's forthcoming album..."
Opalh Tells Rihanna Chris Brown Will Hit You Again

Oprah Winfrey has sent a very blunt message to Rihanna about Chris Brown. "He will hit you again. I don’t care what his plea is."

Next week, Oprah will dedicate a show to spousal abuse. "I said to the producers that I want to do a show about it..." "...and that the statistic is one out of four women. That is what is reported."

Last week Chris Brown entered a "no plea" and has been charged with two cases of assault. He will return to court of April 2 to face the charges.

If found guilty, Chris Brown could be jailed for up to four years.

Rihanna's Father Waiting For Her To Call

Rihanna BRIDGETOWN, BARBADOS — Rihanna's father is reportedly waiting for her to tell him about the alleged attack by R&B singer Chris Brown.

Ronald Fenty is the father of the Barbados native. The Barbados Nation News says Fenty is disturbed by reports of last month's assault.

The Sunday newspaper quotes Fenty as saying, "I have been getting the Internet reports. I am waiting on her to call me."

Fenty also complained that tabloids have been misquoting him.

A Los Angeles police affidavit alleges that on Feb. 8, Brown punched, bit and choked Rihanna until she nearly lost consciousness.

Brown's arrest prompted a retreat into secrecy for the singer. He has been charged with two felonies.

Rihanna, 21, is known for "Umbrella" and other hits.

New York — 50 Cent took a back seat to Eminem. The rapper said he won't release his "Before I Self Destruct" CD until Eminem's album — tentatively titled "Relapse" — sees the light of day.

"Right now I'm on a train, and the Em-choo-choo-car goes first. I think that's good because I've had so much success on my own and moved away from it," the 32-year-old multiplatinum rapper said in an interview Tuesday.

"Because Dre is mixing Em's album, Em will be completed entirely before we get a chance to finish up the pieces that me and Dre did together," he added.

50 may have a long wait.

While Eminem's CD is expected this year, no release date has been set.

But it's not the first time 50 has pushed back his album. The CD was expected to come out last December but was delayed. Back then, 50 said because elements of it weren't complete, so he set a March release date.

Right now, Eminem's got the most buzz musically. His first single, "Crack a Bottle," which features 50 Cent and Dr. Dre, hit No. 1 on Billboard's Hot 100 singles chart earlier this month.

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Diddy recently opened his Miami home to Chris Brown and Rihanna to ease their reconciliation following an alleged altercation last month, and the music mogul spoke about the gesture on "The Ellen DeGeneres Show." People.com reports that Diddy appeared uncomfortable when asked about the matter but defended his decision nonetheless. "It was a dark time for them, and I was there as more of a support," he said. "I'm not immersed in [the proceedings]. I'm not going to pass judgment on it. I'm going to be there as a friend." The pair stayed in Diddy's mansion for a few days before flying to Los Angeles for Brown's court appearance. While at the Miami home, Brown was photographed riding on a jet ski. The pictures had some wondering if the R&B singer understood the gravity of the incident. Even Usher chided Brown over the jet-ski photos, before apologizing for his comments.

Brown and Rihanna's reunion in Miami prompted mixed feelings from their fans. On MTV.com, commenters called Rihanna a "tool" and "dumb" for her decision to make up with Brown. Others, however, called themselves "true fans" and said the singers needed the public's support.

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**Rapper C-Murder Jailed After Alleged Violation**

**GREENVILLE, N.C.** - Rapper Corey "C-Murder" Miller has been booked back into jail in Louisiana after police said he broke the house-arrest rules imposed on him as he awaits trial.

Miller faces a second trial April 30 on a charge of second-degree murder in the death of a 16-year-old during a 2002 brawl at a New Orleans-area nightclub. As a condition of his $500,000 bond, the 37-year-old rapper has been restricted to his grandmother's home in Kenner.

Deputy Chief Chuck Whitmer of the Gretna Police Department says an electronic monitor indicated Miller was out of range, a violation of house arrest rules, for about 10 minutes. He was booked Monday into the Jefferson Parish jail.

ALBANY, Ga. — Rapper Corey "C-Murder" Miller has been booked back into jail in Louisiana after police said he broke the house-arrest rules imposed on him as he awaits trial.

**T.I., Shawty Lo Squash Beef, Team Up Onstage in Atlanta**

ATLANTA — Stranger things have happened in hip-hop, but it was a shock to fans nonetheless: On Friday night, T.I. and Shawty Lo united onstage at Tip's Club Crusade.

The two have been going back and forth with dis songs and humorous jabs in interviews for more than a year. Everything came to a head November 24 when members of T.I.'s Grand Hustle clique clashed with Shawty Lo and his crew during the Dirty Awards in Atlanta. Tip and Lo apparently decided enough was enough.

"After that last altercation at the Dirty Awards, I told him my side of the story," Lo said Sunday in his studio, located in Atlanta's Bankhead neighborhood. "We talked for, like, 15 minutes. We decided in 2009, we're coming into a clean slate. And he's finnin' to go in. What better place to do it than in Bankhead at Club Crusade?"

"It was unexpected," Lo continued. "We already talked. Me being a man, I just went up there, and the crowd went crazy. They was shocked. We dapped each other as soon as I hit the stage. It was a good feeling." Despite the beef between the two being dead, Lo said making a song with Tip is probably premature thinking at this point, but it isn't impossible.

**Diddy Opens His Home To Chris Brown and Rihanna**

**LOS ANGELES —** Chris Brown and Rihanna are recording a duet together — said to be a love song — despite prosecutors charging Brown with a violent attack on his girlfriend, celebrity websites reported on Tuesday.

While lawyers work behind the scenes on a possible plea deal that could allow the 19-year-old R&B singer to avoid jail time, Brown and Rihanna have been in a Los Angeles area studio working on a love song, celebrity websites TMZ.com said. TMZ said the song was originally written for Rihanna before the couple fought on the eve of the Grammy Awards in February. But afterward, music producer Polow Da Don said the track — which focuses on overcoming difficult challenges as a couple — would make a good duet.

The late night sessions were "very, very emotional...the feeling in the room was pure love," an unidentified source was quoted as telling TMZ.

Polow Da Don has worked with Brown in the past, as well as with singers Usher and Fergie.

**Lil' Kim Says Notorious B.I.G. Talks To Her In Dreams**

**LOS ANGELES —** Jada Pinkett Smith is adding another title to her resume: schoolmaster.

The actress-producer and her husband, Will Smith, opened the New Village Leadership Academy in Calabasas, Calif., last fall. The school is for pre-kindergarten to sixth-grade students.

Meanwhile, Pinkett Smith is set to produce and star in a new series on TNT.
Read All About It

DREW-Z'S MOVIE REVIEW


Caroline – A dark animation about a girl who is terrorized by a witch. Too slow.

Fired Up – Two high school football stars decide to join the cheerleading team to be around the girls. Well-written comedy. Enjoyed it. ]

Head Over Heels Not That Into You – A comedy about two relationships concerning women. Starts slow but turned out to be good. ]

Tyler Perry’s Madea Goes To Jail – Comedy/drama starring Tyler Perry. Madea #1. No. 1 at the Box Office – $41M. ]

The Confession Of A Shopaholic – A light-hearted comedy and love story about a woman who is addicted to shopping. Your daughter will love this one. ]

The International – A crime thriller starring Clive Owen. Seeing it for the third time.

The Uninvited – A teenage girl finds the nanny killed her mother to marry the dad. A serious twist at the end. Worth seeing.

Underworld: Rise Of The Lyceans – This movie traces back to the feud between the vampires and werewolves. Good special effects. If you like blood and guts, this one is for you. ]

Paul Blart: Mall Cop – A single dad tries to make ends meet as a security guard at a Malls. Pass on this. ]

Men In Black, III – A hip-hop movie about the life and times of rapper Biggie Smalls. ]

Marley & Me – This movie is about a family and an out of control dog. Surprisingly very good. A definite tear-jerker. ]

The Curious Case Of Benjamin Button – Starts slow but turned out to be good. Surprisingly very good. A definite tear-jerker. ]

RATINGS

**** Very Good - **** Good - *** Average - **** Wait For Video

HOROSCOPES

Linda C. Black

Today's Birthday – You'll stay busy this year. And you'll encounter just about everything that can happen. Be patient and change in plans you could possibly imagine. Stay creative. Be open on a moment's notice. You're gaining great experience, and also paying dues.

Pisces (Feb. 19-March 20)

– To be a good leader you also have to be willing to listen to people. You should listen. That's recommen
ded now, as your team has some new ideas you'd be wise to incorporate into your plans.

Aries (March 21-April 19)

– You are looking for the old pastiche in the same style. Yes. It can now be discovered. Just try.

Taurus (April 20-May 20)

– Others urge you to hurry and take action on a new project. You want to think it over and ask a few friends for their advice. This is wise as long as you realize.Unknown.

Gemini (May 21-June 21)

– Proceed with caution now; you're up against tough competition. However, your energy level is the present is perfect. Go over it seriously, and get a coach if you have to go over it twice.

Cancer (June 22-July 22)

– Don't let people talk you into having the facts at your finger-tips. Don't take risks or start new ventures. Continue to prepare a strong foundation for your plans.

Leo (July 23-Aug. 22)

– Watch out for hidden expenses. Read all the fine print. Don’t take anything on faith; get it all in writing. You can get a good deal, but have your attorney review it before you sign anything.

Virgo (Aug. 23-Sept. 22)

– A happy surprise starts the day out right, but an argument later can set you back. You and your partner may have to agree to disagree on this one.

Libra (Sept. 23-Oct. 22)

– After a rather uncomfortable time, you get your personal agenda. It may have changed by then, so don't hurry into action. You'll know when the little time is right.

Scorpio (Oct. 23-Nov. 21)

– It's really not a good time to gossip, even with your fellow workers. Don't believe everything you hear, and don't pass it along. Don't forget anyone of it, either.

Sagittarius (Nov. 22-Dec. 21)

– Continue to watch for the little things you think about getting involved. Be an observer and possibly a witness, if called. Take careful notes if you must. Things are changing fast now.

Capricorn (Dec. 22-Jan. 19)

– Your frigidity is up. Keep your treasure carefully hidden. It may be too late to see what's out beyond your familiar territory. Don't go there yet; just have a peek.

Aquarius (Jan. 20-Feb. 18)

– How does new information fit in your usual thinking? Is your hypothesis flawed? Chase after clarity, truth, even if it contra
dicts with what you've said before. Make the necessary adjustments.

Sentinel’s Top 2 Albums

1. Blame It – Jamie Fox Featuring T-Pain
2. Turn Me On – Keri Hilson Featuring Lil Wayne
3. Dr. Dre – “I Need That Thang” Featuring Jamie Fox
5. Ain’t It – Yung L.A. Featuring Young Dro & T.I.

Sentinel’s Top 20 Singles

1. Blame It – Jamie Fox Featuring T-Pain
2. Turn Me On – Keri Hilson Featuring Lil Wayne
3. Dr. Dre – “I Need That Thang” Featuring Jamie Fox
5. Ain’t It – Yung L.A. Featuring Young Dro & T.I.
6. Breathe – Bryan White Featuring Shontelle
8. The Point Of It All – Anthony Hamilton
9. Do Real Intent – Brian McKnight
10. Real Recognize Real – Project Pat
11. Fearless – Jazmine Sullivan
12. Jennifer Hudson
13. Ryan Leslie
14. The Carter III – LL Cool J
15. Lemar
16. Le’Andria Johnson
17. Jennifer Hudson
18. Theater Of The Mind – Ludacris
19. Discipline – Janet
20. Freedom – Akon

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5. Ain’t It – Yung L.A. Featuring Young Dro & T.I.

Sentinel’s Top 20 Singles

1. Blame It – Jamie Fox Featuring T-Pain
2. Turn Me On – Keri Hilson Featuring Lil Wayne
3. Dr. Dre – “I Need That Thang” Featuring Jamie Fox
5. Ain’t It – Yung L.A. Featuring Young Dro & T.I.
6. Breathe – Bryan White Featuring Shontelle
8. The Point Of It All – Anthony Hamilton
9. Do Real Intent – Brian McKnight
10. Real Recognize Real – Project Pat
11. Fearless – Jazmine Sullivan
12. Jennifer Hudson
13. Ryan Leslie
14. The Carter III – LL Cool J
15. Lemar
16. Le’Andria Johnson
17. Jennifer Hudson
18. Theater Of The Mind – Ludacris
19. Discipline – Janet
20. Freedom – Akon
Greater Opportunities Demonstrated Corporation (GODC) sponsored its first annual Dr. Martin Luther King, Jr. Leadership Banquet. It was held at the Apostle Henry Ross, Sr. Family Life Center. The Master of Ceremonies was Mr. Ashley Troutman.

The guest speaker was E. Nathan Thomas, III, Ph.D., University of South Florida. Polytechnic Campus Diversity Officer. Dr. Thomas earned his undergraduate degree from Norfolk State University in Psychology and doctoral degree in Ecological-Community Psychology from Michigan State University.

Others on program were Community Organized to Redirect Youth (CORY) Youth Leaders: Alexis Houston, Melanie Brown, Sharad Saddlers; Dell Griffin Quary, GODC President; Dr. Edward L. Quary, III, Minister; Glendora Hills, GODC Vice President; and Dr. Bernice Evans.

Members of the “Committee of One” were: Dr. Bernice Evans, Glendora Hills, Dell Griffin Quary and Mr. Ashley Troutman.


Mrs. Glendora Hills, Greater Opportunities Demonstrated Corp., Vice President.

Mr. Ashley Troutman, Master Of Ceremony

Cory Youth Leadership Program participants and parents.

CORY Youth Leader, Keith Andrews joins President Mrs. Dell Quary and Guest Speaker, Dr. Nate Thomas.

MICHAEL RANDOLPH
CORY Youth Leader

Miss Alexis Houston welcomed those in attendance at the Dr. Martin Luther King, Jr. Leadership Banquet.

Sharard Saddlers, Youth Leader, gave an overview of the Leadership Skills he and classmates learned during the Leadership Program.

Howard Wiggs, Lakeland City Commissioner

Dr. Edward L. Quary, II, Minister, New Mt. Zion M. B. Church, blessed the food.
March Birthdays

Birthday wishes go out to the following ladies of the Beta Sigma Chapter, Lakeland/Polk County March celebrating: Henrietta Giles, Shirley A. Redd and Mary R. Williams, James "Coolby", City of Lakeland Williams. Church, Inc., Pastor William Lakeland/Polk County March Zionn Green and Sabrina March birthday celebrant. Sentinel greetings to celebrants. for H. B. Holmes, pastor and. Zinlierman; and popular the following ladies of the brants this month are:

Polk County News

ship: 500 Women In Red will be held on March 15, 2009, at. Funeral services were held Jenkins; Evangelist Deaundrea Green, Evangelist Shirley Martin, Missionary Sherry Hall, Creations 1302 Martin Luther King, Jr., well-known wide.'

That was an important year for birthday celebrants after retiring as school Administrators from the Miami-Dade County Public School System. After visiting several churches in the Lakeland area, they decided to join New Bethel A.M.E. Church a year ago. Chasing news of Women’s Day Committee has been a wel­come challenge. The colors are pink and sil­ver. Co-chairs are Bernice Ivey and Linda Hall. The culminating activity will be held on Sunday, March 8, 2009, at 4:30 p.m. at New Bethel A.M.E. Church, 2122 S. Martin Luther King, Jr. Ave. The speaker will be Rev. Keterah Pittman from St. Luke’s A.M.E. Church. Everyone is invited.

Birthday Celebration!

On January 24th, Tanya Shows, moved from South Florida birthday mile at her home in North Lakeland with family and friends. The celebration began on Friday evening with Henry and Jacqueline Taylor. (A Time Born Celebration was held in honor of Tanya’s 60th Birthday was sung followed by the Delta Sigma Theta Sorority sisters in the house.

Celeste Hall from Divine Catering Service, Lakeland, prepared a variety of the following scrumptious hors d’oeuvre, Tandoori Chicken on a Stick, Sirloin Pepper Steak and Shrimp Cocktail. Park Tenderloin Sandwiches with popcorn yeast, crabcake and Lighting of the Birthday Lady. Long time friends Pat Sanders, Terry Broadnax, Dora Hicks, and Doretha Brooks remember how they met Tanya back in the DAY in celebration was concluded on Sunday, under the direction­ship of Pastor C. McGill and the home church family. Congratulations to Wanda Lisbon and Veronica McCloud, Program Chairpersons, for a job well done in making this occasion a memorable one.

BAMS NEWS

Congratulations to all of the students who were selected for the Berkley Accelerated Middle School (BAMS) Girls Soccer team! They are: Kiley Mitchell, Kara Quintanilla, Riley Richards, Sydney Bailey, Kira Wright, Shana Howard, Kaitlyn Waggoner, Malorie Biggler, Natalie Neff, Alyssa Thompson, Kaley Oppenheimer, Lauren Cadeaux, Hannah Dudling, Kayia Stanfield and Taylor Fike., JR. VARI­SITY. Coach Hovious! Keep on teach­ing... keep on learning from those whom you teach!

Talk to Shaw-Nuf! Happy Birthday wishes to young Lattie R. Gentlemen (Jacksonville), (Jacksonville) escort­ing Tanya to dinner at the Power Plant, Cliff and a Stick, Stoney Pepper Steak and Flame Broiled Ribeye. The culminating activity was held on Friday evening with Henry and Jacqueline Taylor. The birthday sheet was shared with her guests, along with Old School Music from the 60s and 70s. Stevie Wonder’s rendition of Happy birthday was sung followed by the Delta Sigma Theta Sorority sisters in the house.

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Lakeland Alumnae Chapter of Delta Sigma Theta Sorority held a New Member Induction of the GEMS (Growing and Empowering Myself Successfully) on February 28, 2009 at 5 p.m. in the Fellowship Hall at Harmony Missionary Baptist Church. GEMS, a program for young ladies between the ages of 14-18 years of age, promotes Educational Development. Natalie West served as the Mistress of Ceremonies. The Invocation was given by Carol Griffin, Chairperson of the Educational Development Program. The Welcome was given by Tanya Matthews, Chapter President. Advisor Linda Bell introduced the GEMS, followed by the GEMS Rites of Passage given by Advisor Jessica Elysee. Advisor Tamiaka Burrell explained the Role of Delta GEMS. Lead Advisor Kenyetta Feacher read the contract. Advisors Bernice Ivey and Kenyetta Feacher presented each of the GEMS with their pin. Freddie Robinson read a poem entitled “You are Special.” Advisor Natalie West read the GEMS Creed followed by a song from the New GEMS. Carol Griffin ended the program with prayer.

The program was well attended by members of the Lakeland Alumnae Chapter of Delta Sigma Theta and parents, family members, and friends of the inductees.

Women's Day Luncheon

The following young ladies were inducted: Marissa Barnes, Shanquelle Barnum, Shareina Boone, DeMitsa Curtis, Stephanie Douglas, Quasha Gordon, Schacara Graham, Kaila Hodges, Alexis Houston, Georbia Love, Chauna Mason, Jasmine McKnight, Ahha Moore, Namirah Perkins, Alexis Satchel, Breshanna Smith, Alonnece Smith, Shantel Turner, Shaylee Walker, Marquel Willis, Kendra Wilson, Andrea Young, Ta'Les Young, and Tierra Young.

Women's Day Luncheon

The three “B’s” of the Women's Day Program, Betty Majors, Chairperson; Bernice Ivey, Co-Chair; and Brenda Tice, Program Chair.

“Women Walking By Faith” was the theme of the Women's Day Luncheon hosted by New Bethel AME Church. Sanford.

She is a graduate of Polk Community College with an AA degree, and graduate of the University of South Florida with a BA degree in Early Childhood / Elementary Education. She spent 18 years as an educator and stepped out on faith to become a full time pastor.

Other participants on the program were Brenda Tice, Jeptina Richardson, Emily Davis, Youth Group, Fannie Beasley, Rev. Greta Walker, Phyllis Robinson, Audrey Oliver, Janie Moultrie, Sharon Moore, Myra Tillman, Gwen Taylor, Bernice Ivey, Co-Chairperson, Betty Major, Chairperson, Rev. Pearce Ewing, Pastor, and Presiding Elder F. Bernard Lemon.

Winston Principal Was Statewide Finalist For Leadership Award

Terry Strong, principal of Lakeland’s Winston Elementary School was one of the three statewide finalists for the Sixth Annual Leonard Miller Principal Leadership Award bestowed by the Council for Educational Change, a Florida-based education think tank.

Her status as a finalist earned her a Gold Medallion Award and $5,000 from the Council for Educational Change. She attended an event last semester in Miami at the home of performing artist Gloria Estefan along with two other finalists. Although a principal from Miami-Dade County was the overall grand winner and received $10,000, Terry's final status bodes well for Polk County and Winston.

Strong was appointed principal at Winston starting with the 2003-2004 school year. Since that time, the school has improved two letter grades to its present FCAT grade of A.

She has been involved with the recruiting of more than 300 Winston parents volunteering more than 8,000 hours of time.

Terry has also introduced instructional best practices based on student performance data.

Terry was accompanied by her husband, Kenneth Strong on their flight to Miami for the event.

Signs With Purdue

XAVIER MELTON

Xavier Melton, a defensive lineman at George Jenkins Senior High School, Lakeland, recently signed with the prestigious Purdue football program.

The popular defensive lineman led the team with 5 sacks, four fumble recoveries and finished with an astounding 50 tackles. With an amazing success on the George Jenkins football team, he will be playing with Purdue this season.

The proud Melton family who instilled and were deeply involved in his life’s schools training and spiritual guidance are; mother, Bessie Melton; great grandmother, Bessie; grandmother, Sylvia; Simpson, his family, church family at Pilgrim Rest F. W. Baptist Church, Bishop Henry Rodman, Pastor, all proud of Purdue’s newest football player.

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TERRY STRONG

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LAWYER

LABOR & EMPLOYMENT LAWYER

EMPLOYMENT DISCRIMINATION

WORKERS' COMPENSATION

CIVIL SERVICE / UNION GRIEVANCE

BANKRUPTCY

ATTORNEY

ROBERT D. POOLE

P.O. Box 629

Tampa, FL 33601

(813) 223-1200

www.fordlawfirm.org
Fantastic Weather For A Park Festival

The weather was bright and sunny with a slight chill when the Tampa Bay Black Heritage Festival was held at AI Lopez Park. Hundreds strolled through the park taking advantage of the fantastic weather while enjoying different festival events and food vendors, as well as the many concerts featuring nationally known artists. (Photos by Julia Jackson)

Brick was one of the featured artists during the festival.

Mrs. Voneka Rhodes and daughter, were among those enjoying the festival.

Tillie and her husband, Robert, with her brother, David Burgess caught without his camera.

These ladies started the stepline dancing.

Hillsborough County Branch NAACP Executive Committee member, Pat Spencer.

Catalina Thomas and Eric Newkirk at the festival at AI Lopez Park.

VERONICA BLAKLEY

Cynthia Keeton and Dr. Charles Myers were out for the festival events.

Crystal, Mrs. Beryl Hargrett and Portia Solomon.

The National Skaters of America were in town for the festival, too.

NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that MACHADO MIKE the holder of the following certificate has filed said certificate for a tax deed to be issued thereon. The certificate number and Year of Issuance, the description of the property, and the names in which it was assessed are as follows:

Folio No.: 029928.0000
Certificate No.: 123793.06
Year of Issuance: 2006
Description of Property:
SUN CITY LOT 23 BLOCK-27
LOT 23-B BLOCK C
SEC-TARM-RIE: 24-32-18
SUBJECT TO ALL OUTSTANDING TAXES
Names in which assessed:
ROBERT H. VISSA
ROBERT K. VISSA

Dated the 22nd day of February, 2009.
Signature by: ROBERT E. MORRIS
Deputy Clerk

NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that MACHADO MIKE the holder of the following certificate has filed said certificate for a tax deed to be issued thereon. The certificate number and Year of Issuance, the description of the property, and the names in which it was assessed are as follows:

Folio No.: 029928.0000
Certificate No.: 93777.03
Year of Issuance: 2003
Description of Property:
SUN CITY LOT 23 BLOCK-27
LOT 23-B BLOCK C
SEC-TARM-RIE: 24-32-18
SUBJECT TO ALL OUTSTANDING TAXES
Names in which assessed:
ROBERT H. VISSA
ROBERT K. VISSA

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Signature by: ROBERT E. MORRIS
Deputy Clerk
NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that the holder of the certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows:

File No.: 187681-0000
Certificate No.: 119879-12
Year of Issuance: 2001
Description of Property:
SUCSEDEN A WILLOTT LESS 1 SF CROSSROADS W 50 FT OF LOT 2 BLOCK 11 SEC-TWP-19-18-19 SUBJECT TO ALL OUTSTANDING TAXES
Name(s) in which assessed: ANITA NEVES-DIAZ

Said property being in the County of Hillsborough, State of Florida.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Clerk’s ADA Coordinator, 811 E Kennedy Blvd., Tampa, FL 33602, by fax at (813) 276-6898, or by phone at (813) 276-8100 ext. 4205, two working days prior to the date the service is needed; if you are hearing or voice impaired, call 711.

Dated this 23rd day of February, 2009.

Signature by: ROBERT E. MORRIS
Deputy Clerk

Clerk of Circuit Court of Hillsborough County, Florida

NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that the holder of the certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows:

File No.: 187920-0000
Certificate No.: 2009-213
Year of Issuance: 2009
Description of Property:
NOUVER'S ADDITION E 95 FT OF LOT 1 BLOCK 1 PLAT BOOK/PG: 05/13 SEC-TWP-19-21 SUBJECT TO ALL OUTSTANDING TAXES
Name(s) in which assessed: WILLIE C. NICHOLSON

Said property being in the County of Hillsborough, State of Florida.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Clerk’s ADA Coordinator, 811 E Kennedy Blvd., Tampa, FL 33602, by phone at (813) 276-8100 ext. 4205, two working days prior to the date the service is needed; if you are hearing or voice impaired, call 711.

Dated this 11th day of March, 2009.

Signature by: ROBERT E. MORRIS
Deputy Clerk

Clerk of Circuit Court of Hillsborough County, Florida

NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that the holder of the certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows:

File No.: 187655-0000
Certificate No.: 119879-10
Year of Issuance: 2001
Description of Property:
SUCSEDEN A WILLOTT LESS 1 SF CROSSROADS W 50 FT OF LOT 2 BLOCK 11 SEC-TWP-19-18-19 SUBJECT TO ALL OUTSTANDING TAXES
Name(s) in which assessed: ANITA NEVES-DIAZ

Said property being in the County of Hillsborough, State of Florida.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Clerk’s ADA Coordinator, 811 E Kennedy Blvd., Tampa, FL 33602, by fax at (813) 276-6898, or by phone at (813) 276-8100 ext. 4205, two working days prior to the date the service is needed; if you are hearing or voice impaired, call 711.

Dated this 23rd day of February, 2009.

Signature by: ROBERT E. MORRIS
Deputy Clerk

Clerk of Circuit Court of Hillsborough County, Florida

NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that the holder of the certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows:

File No.: 191219-0000
Certificate No.: 2009-248
Year of Issuance: 2009
Description of Property:
TROPICAL ACRES SOUTH SUBDIVISION LOT 4 BLOCK 11 SEC-TWP-19-21 SUBJECT TO ALL OUTSTANDING TAXES
Name(s) in which assessed: MICHELE LITTLE ANGELA SMITH

Said property being in the County of Hillsborough, State of Florida.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Clerk’s ADA Coordinator, 811 E Kennedy Blvd., Tampa, FL 33602, by phone at (813) 276-8100 ext. 4205, two working days prior to the date the service is needed; if you are hearing or voice impaired, call 711.

Dated this 23rd day of February, 2009.

Signature by: ROBERT E. MORRIS
Deputy Clerk

Clerk of Circuit Court of Hillsborough County, Florida

NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that the holder of the certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows:

File No.: 190648-1050
Certificate No.: 3000-279400
Year of Issuance: 2006
Description of Property:
RANITREE VILLAGE CONDOMINIUM BUILDING NO 6 BLOCK 11 UNIT B11 1580 90 SE 29TH ROAD SEC-TWP-19-21-19 SUBJECT TO ALL OUTSTANDING TAXES
Name(s) in which assessed: AMANDA THOMAS

Said property being in the County of Hillsborough, State of Florida.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Clerk’s ADA Coordinator, 811 E Kennedy Blvd., Tampa, FL 33602, by fax at (813) 276-6898, or by phone at (813) 276-8100 ext. 4205, two working days prior to the date the service is needed; if you are hearing or voice impaired, call 711.

Dated this 23rd day of February, 2009.

Signature by: ROBERT E. MORRIS
Deputy Clerk

Clerk of Circuit Court of Hillsborough County, Florida

NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that the holder of the certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows:

File No.: 191227-0000
Certificate No.: 2009-248
Year of Issuance: 2009
Description of Property:
BENJAMIN'S 9TH ADDITION E 1/2 LOT 14 AND LOT 15 BLOCK 3 PLAT BOOK/PG: 05/13 SEC-TWP-19-21-19 SUBJECT TO ALL OUTSTANDING TAXES
Name(s) in which assessed: RICHARD K. EDGEMORE

Said property being in the County of Hillsborough, State of Florida.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Clerk’s ADA Coordinator, 811 E Kennedy Blvd., Tampa, FL 33602, by phone at (813) 276-8100 ext. 4205, two working days prior to the date the service is needed; if you are hearing or voice impaired, call 711.

Dated this 23rd day of February, 2009.

Signature by: ROBERT E. MORRIS
Deputy Clerk

Clerk of Circuit Court of Hillsborough County, Florida

NOTICE OF APPLICATION FOR TAX DEED

NOTICE IS HEREBY GIVEN, that the holder of the certificate number and year of issuance, the description of the property, and the names in which it was assessed are as follows:

File No.: 189883-0000
Certificate No.: 3000-279400
Year of Issuance: 2006
Description of Property:
SANDERS & CLAY'S ADDITION LOT B BLOCK 13 PLAT BOOK/PG: 05/13 SEC-TWP-19-21-19 SUBJECT TO ALL OUTSTANDING TAXES
Name(s) in which assessed: MONICA M. SANCHEZ

Said property being in the County of Hillsborough, State of Florida.

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance. Please contact the Clerk’s ADA Coordinator, 811 E Kennedy Blvd., Tampa, FL 33602, by phone at (813) 276-8100 ext. 4205, two working days prior to the date the service is needed; if you are hearing or voice impaired, call 711.
NOTICE TO DESIGN-BUILD FIRMS AND GENERAL CONTRACTORS
HILLSBOROUGH COUNTY AVIATION AUTHORITY

Design-Build services will be required for the following projects:

- TAXIWAY B RECONSTRUCTION AND BRIDGE AND RELATED WORK
- HCAA PROJECT NO. 5390 10
- NORTH TERMINAL STORMWATER SITE DEVELOPMENT AND RELATED WORK

HCAA PROJECT NO. 8020 09

The Authority has submitted grant applications to the FAA to obtain federal economic stimulus funds for the above projects. Pending receipt of funding, the Authority will award the contract based on the lowest responsive bid. Actual commitment and award of a contract is contingent on receipt of federal funding.

A mandatory pre-bid conference will be held in the Authority boardroom, located in Landside Terminal Building on the third level, blue side, on Thursday, April 2, 2009 at 10:00 a.m.

For further information, please visit our website at www.tampaairport.com, click on airport business, notice of solicitation.

To receive automated e-mail notifications of future business opportunities, please visit our website and register using the Authority’s Business and Supplier Registration Program.

HILLSBOROUGH COUNTY AVIATION AUTHORITY REQUEST FOR PROPOSALS FOR LONG TERM DISABILITY INSURANCE BENEFITS

TAMPA INTERNATIONAL AIRPORT

The Authority is seeking qualified firms or individuals desiring to be considered for this project. The RFP documents will be available on the Authority’s website March 16, 2009, at www.tampaairport.com, Airport Business, Notice of Solicitations. For questions regarding the RFP contact Debbie Northington at 813-870-7805.

To receive automated e-mail notifications of future business opportunities, please visit our website and register using the Authority’s Business and Supplier Registration Program.

HILLSBOROUGH COUNTY CIVIL SERVICE
New Employment Opportunities

ACCOUNTING CLERK II
$20,332

CHILD PROTECTION INVESTIGATOR TRAINEE
$36,462

ELECTRONICS TECHNICIAN I (TRAFFIC SIGNAL/ STREET LIGHT) (NON-STANDARD HOURS)
$29,744

ELECTRONICS TECHNICIAN II
$33,862

ENGINEERING SPECIALIST II
$46,238

HEAD START/EARLY HEAD START CENTER COORDINATOR
$35,838

PERSONNEL ASSISTANT (BENEFITS)
$30,576

RECLAIMED/POTABLE WATER DISTRIBUTION SPECIALIST I
$23,441

SENIOR ASSET COORDINATOR
$35,838

SENIOR PROFESSIONAL ENGINEER
$74,630

SENIOR PROFESSIONAL ENGINEER (TRAFFIC)
$74,630

See our web site at http://www.hccsb.org or visit our office at 601 E. Kennedy Boulevard, 17th Floor, Tampa, FL. Reference in initial application will be given to eligible veterans and eligible spouses of vets.

AA/EEO/ADA Employer

Be A VIP Party Guest At Special Events
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Driver Needed
Clean Driving And Criminal Record: 20-30 Morning To Afternoon Hours Alternate Weekends Required.

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Director, Assistant Director And Teachers. Must Have Required Credentials
Call (813) 507-6000 Or Apply 6910 Karin Court Tampa, FL 33610

Musician Needed
For Downtown Church Sunday Service Must Have Keyboard

Call Pastor J.L. Amos (757) 652-8137 For Interview

Part Time Cook Position Needed For A Small 24/7 Residential Program Must Be Able To Cook From Scratch
Open (Friday-Sunday) $8.00hr Start. Minimum HS Diploma Or Equivalent No Criminal Background Valid FL Drivers License

Call: 813-375-3933 EEO/AA/ADA Employer

NEW WAGE SCALE
CNA’S
Starting Pay
7 - 3 $10.00 $11.00
3 - 11 $11.00 - $12.00

Great Benefits, 401k
Pleasant, Courteous Work Environment
LTC Experience Required

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1818 E. Fletcher

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1 Bedroom 1 Bath
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4-2 Near 56th And Sligh
$65,900

4-2.5 In Ruskin $150,000 Qualifies USDA
100% Financing Available

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$99,000

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$700.00/Monthly
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(813) 885-5226

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Duplexes
Rooms for rent
Business opportunities
Lease options etc.
Advertise it in
The Florida Sentinel Bulletin
**ROOMS FOR RENT**

<table>
<thead>
<tr>
<th>Rooms For Rent</th>
<th>Nice And Clean</th>
<th>CHA, Drug Free</th>
<th>$125.00/Weekly</th>
<th>$125.00/Deposit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Call (813) 624-8540</td>
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</table>

<table>
<thead>
<tr>
<th>Seminole Heights And Nebraska/Sligh Area</th>
<th>Rooms For Rent</th>
<th>Close To Bus Lines</th>
<th>$125.00/Weekly</th>
<th>Includes Utilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clean And Furnished</td>
<td>(813) 784-0508</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Room For Rent</th>
<th>No Smoking, No Drugs</th>
<th>Or Illegal Activities</th>
<th>CHA, Cable TV</th>
<th>Background Check</th>
</tr>
</thead>
<tbody>
<tr>
<td>$120.00/Weekly</td>
<td>$100.00/Deposit</td>
<td></td>
<td></td>
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<tr>
<td>Call (813) 433-3335</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Room For Rent</th>
<th>In Nice Home</th>
<th>30 Years Of Age &amp; Older</th>
<th>Must Have Steady Income</th>
<th>$120.00/Weekly</th>
<th>$120.00/Deposit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jim (813) 237-1810</td>
<td>Genne (813) 326-2871</td>
<td>Potele (813) 410-5422</td>
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**AIR CONDITIONING**

<table>
<thead>
<tr>
<th>Tarpley's A/C</th>
<th>(813) 238-7884</th>
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<tbody>
<tr>
<td>Committed To Excellence</td>
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<tr>
<td>In Sales &amp; Service</td>
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<tr>
<td>New &amp; Used A/C's Same Day Financing Available</td>
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<tr>
<td>LIC #CAC181630</td>
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</tbody>
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<tr>
<th>Rudy's Repair Service</th>
<th>Complete Air Conditioning &amp; Heating Service On All Makes &amp; Models</th>
</tr>
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<tbody>
<tr>
<td>Call (813) 620-1866</td>
<td></td>
</tr>
<tr>
<td>LIC #CAC1814465</td>
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</tbody>
</table>

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| 1-866-269-8720 |

**CHILD CARE**

<table>
<thead>
<tr>
<th>Alpha - Beta Home Daycare</th>
<th>Now Enrolling 6 Weeks - 10 Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meals, Snacks, Drop-Off And Pick-Up Services</td>
<td></td>
</tr>
<tr>
<td>(813) 231-6985</td>
<td></td>
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<tr>
<td>LIC #FTA468431</td>
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</table>

**CLEANING SERVICE**

<table>
<thead>
<tr>
<th>Broome Cleaning Service</th>
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<tbody>
<tr>
<td>Commercial New Construction</td>
</tr>
<tr>
<td>Floor Restoration - Carpet</td>
</tr>
<tr>
<td>Contact Al Broome</td>
</tr>
<tr>
<td>Cell (863) 944-6051</td>
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<tr>
<td>Toll Free 1-877-616-9659</td>
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**AUTOMOBILES**

<table>
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<tr>
<th>$500! Police Impounds!</th>
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<tbody>
<tr>
<td>Honda, Chevys, Acuras, Toyotas, Etc. From $500!</td>
</tr>
<tr>
<td>For Listings</td>
</tr>
<tr>
<td>Call 1-800-366-9813 Ext. 3695</td>
</tr>
</tbody>
</table>

**BEDS FOR SALE**

<table>
<thead>
<tr>
<th>$0 Down! Cars From $29.00/Monthly!</th>
</tr>
</thead>
<tbody>
<tr>
<td>36 Months @ 8.5% APR Police Impounds For Listings</td>
</tr>
<tr>
<td>Call 1-800-366-9813 Ext. K456</td>
</tr>
</tbody>
</table>

**CARPET CARE**

<table>
<thead>
<tr>
<th>C.C.'s Carpet Cleaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 - 3 Rooms ONLY $24.95</td>
</tr>
<tr>
<td>No Hidden - CHARGES!</td>
</tr>
<tr>
<td>Call (813) 325-4330</td>
</tr>
</tbody>
</table>

**CHILD CARE**

<table>
<thead>
<tr>
<th>Ola Barnum Gimblett Family Daycare</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enrollment Special Infants - 12 Years Old</td>
</tr>
<tr>
<td>6:00 a.m. - 6:00 p.m. Meals &amp; Snacks Provided</td>
</tr>
<tr>
<td>Lic # FHC4311983</td>
</tr>
<tr>
<td>(813) 829-6337</td>
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